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THURSDAY, SEPTEMBER 4TH, 2014

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ROBBED!**

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ANNIVERSARY**

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RED ARROWS WING THEIR WAY OVER BARRY ISLAND!

*The unmistakable
sight of the Red Arrows
flying over Barry
Island last Saturday.*



PICTURE by GLYN EVANS

THE Barry Wartime Weekend event was hailed "the best ever", with thousands of people descending on the town and the Island.

This year's highlight was a spectacular display by the Red Arrows. Co-organiser Ade Pitman said: "Organised by the Barry Tourist Railway, and local history group Barry at War, the event featured displays to show the last 100 years of the area's wartime history. There were also vintage cars and modern motorbikes for the crowds to enjoy, along with a unique steam train.

"The weekend event traditionally aims to extend the tourist season through Heritage Tourism, which after

such a poor bank holiday proved a real boost to the local economy.

"Taking place at the Barry Island Railway Station, and the Hood Road Field at Barry Waterfront, the free community event seeks to educate visitors about the wartime heritage of the region."

John Buxton, a director of Barry Tourist Railway, said: "We succeeded in commemorating both the centenary of the First World War and the 70th anniversary of the D-Day landings.

"We illustrated all the sacrifices made in the past to protect our freedom today, while giving everybody who attended an informative and entertaining weekend."

(For more photographs of the event, turn to page 15).

SOLDIER ON LEAVE WARNS...

'Youngsters must beware of danger at Barry docks'

RIGHT:
Christian Long says
he is concerned that
local youngsters are
going on dock land
through a broken
fence, despite local
warning signs

by GEM
reporter

A SOLDIER home on leave in south Wales contacted The GEM to highlight a warning about safety at the docks.

Christian Long, who lives in Porthcawl, but has been staying with his grandmother in Barry, explained that while he was walking beside number one dock, he noticed that at the far end there was a gap in the fence which youngsters had gone through.

"There are warning



signs, but the youngsters I saw had gone through the fence and were drinking alcohol.

"The area is littered with six and seven foot drops and is very unsafe.

"Once on the dock land, there are no barriers to prevent people falling in the dock."

"The dock is dangerous, not just because of the possibility

of getting into difficulty in the water, but also because of the risk of injury from abandoned metal and equipment. It is an accident waiting to happen."

Christian warned a group of older teenagers of the dangers and they left the area. He has also been in touch with the police and council to highlight his fears.

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POO BAGS: readers respond

WITH reference to doggie bags, like a recent correspondent, I often have my daughter's dog as well as my own, so was equally surprised when Cowbridge Library told me I could only have five poo bags at a time.

I reflected upon it. I

am a dog owner out of choice, and as a dog owner am in the minority.

I asked myself whether it was reasonable to expect the non dog-owning majority to subsidise the equipment necessary for me to fulfil my obligation to pick up my dog's mess.

I now happily buy my poo bags!
David Boulton,
Cowbridge.

'Entitled to bags'

IN response to last week's letters in The GEM, readers should stop giving Mr Rhodri Williams such a hard time for rightly complaining about a pathetic five doggie bags given to him by the council.

He is perfectly entitled to the bags as the council provide a service. I am sure he pays enough council tax to cover the tiny amount of money they cost to produce.
Sue Hall, Barry.

'Don't take the ice bucket challenge'

ANIMAL AID is urging the public not to take part in the ALS ice bucket challenge, as the Motor Neurone Disease Association – the main beneficiary of the craze in the UK – funds experiments on animals.

Such tests include those using genetically modified mice bred to suffer severe motor impairment and muscle weakness.

Quite apart from the appalling suffering it inflicts on animals, such research has repeatedly failed to produce effective treatments for humans.

Over the past ten years, around 12 experimental treatments that showed promise in animal 'models' of amyotrophic lateral sclerosis (a type of motor neurone disease) have been given to humans in clinical trials.

All except one treatment failed, and that only has marginal benefits in terms of patient survival.

For genuine progress to be made in treating this devastating condition, charities like the Motor Neurone Disease Association must focus their resources entirely on humane and effective non-animal research.

Isobel Hutchinson,
Campaigner, Animal Aid, Tonbridge, Kent.

English NHS 'doing badly'

THE letter By R Grant in last week's GEM predictably attacked the Welsh NHS, but said nothing to disprove the facts that show how badly the NHS in England is doing under the Conservative-led Government.

The NHS will never be safe under a Government that is determined to see it privatised and run by for profit companies.

In Wales, the NHS will continue to improve and will never be privatised as long as we have a Labour-led Welsh Assembly Government.
G Smith, Llantwit Major.

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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, Don John, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email gemeditorial@tindlenews.co.uk

LETTERS AND E-MAILS MUST INCLUDE FULL ADDRESS AND A CONTACT TELEPHONE NUMBER

IMPORTANT: We reserve the right to edit all letters. We do NOT accept anonymous mail. An email address alone is not sufficient!

We will (in certain circumstances) protect a writer's identity, if requested.

'We remember Private Benjamin (my hero uncle) with love and pride'

IMAGINE my surprise when I opened a copy of The GEM dated August 14, and saw a picture of my uncle, Private Benjamin Jeremiah, who was killed at Cambrai on November 23, 1917, in the First World War.

He was my late father's older brother, and in June 2012, my brother Ieuan Jeremiah, myself and two other family members, decided to visit the memorial in Cambrai where his name is engraved, to place a posy of poppies and to see his name on the memorial.

We found this occasion emotional, even though we had never met our uncle, who was only 19 when he died. His sporan, which he would have worn with his uniform, military plaque and a faded, worn newspaper with the account of his death are treasured by us as a family to this day.



It was interesting to learn that a memorial stone in remembrance of him and four other soldiers has always been on display in Trinity Presbyterian Church.

Also, we were not aware that he is remembered on the Cadoxton school memorial.

It seems, however, there has been some distress between Dr Jonathan Hicks and the members of Holy Trinity, and hope that this can be resolved, as we have been more than grateful for the added

information that this article has given us about our loved one.

We remember my uncle with love and pride, and wish that we could have had the opportunity of meeting him in person. I attach a photo of the Cambrai Memorial at Louverval in France (above), situated in a beautiful quiet rural area, which we took while on our visit.

Mrs Pamela Wooding
(née Jeremiah),
Barry.

'We need a post office!'

IAM 90 years of age and receiving help in travelling to shop, or any other help I may need.

Who, please, are these

short-sighted officials at the Post Office who have not seen how the absence of a post office in Cowbridge has completely disrupted the lives of many older people, like myself, to

the extent of making life even more difficult for them?

The only contact I have with my granddaughter and great-grandchildren in Australia is by letter; a letter takes approximately five days and has become part of the joy of my old age.

Cowbridge is an up-and-coming village, which now has Waitrose and a Smiths for stationery items – yet an essential part of our life is brushed aside without any attention paid to the lives affected!

Surely, someone has enough commonsense to know that the

withdrawal of an essential part of life today is a service that we cannot do without?

The journey I travel once every week means I have to 'walk' with my 'walker' (not automatic) the length of the High Street to the pillar box – NOT an easy task coping with the potholes en route.

Please, is there anyone who can, and will, put forward the case, not only of the older residents, but of many others who depend on this much-needed service to the community.

Mrs C Schrader,
Cowbridge.

£1,310 for cancer care

ANOTHER very successful strawberry tea in aid of Breast Cancer Care was held on Saturday, August 9 at Wick Sports Pavilion.

The organisers, Marian Munt and Carolyn Jenkins, would like to thank the team of helpers, everyone who attended and all those who donated so generously; £1,310.68 was raised.
Julie Ball, Wick.

VALE SHOW CHAIRMAN'S 'THANK YOU'

IWOULD like to thank all who made the Vale of Glamorgan Show another success – without our many volunteers, competitors, sponsors, traders and visitors there would be no show.

Thanks to Mrs Nicola Gibson who is stepping down as secretary, for her sterling and enthusiastic work over the past 16 years.

Also my thanks to The GEM for their special Show Feature the week prior to the Show and the continued support they give the society.

Ray Thomas
Chairman, VOG Show Society

'A bird's lot is not an easy one' says Sid the seagull

ON behalf of all of my feathered friends, I have to write in our defence against those humans who put us down.

I know we are big birds and very loud at times. We know that we do not tick all your boxes.

Yes, we do happen to come and live in seaside towns for a few months and we do come here for food too – because, sadly, fish just aren't plentiful at sea.

Besides, we do try to earn our own living by eating what you humans kindly throw away in your rubbish, as we certainly don't believe in

wastage.

We even do a dance for you as we hunt for worms when food is scarce.

Our lives aren't easy. Many of us die as we try to eat the morsels thrown from the vehicles you drive; a few of us have been hit deliberately and some have been targeted in other ways, too, even though we have protection under your laws.

We hope that one day we will all live in harmony and share the world that is all of ours.
Sid the seagull
and friends,
Chimney Pot Nest,
Barry
(as dictated to T Aberly).

Campaigners missing out?

WHY, in condemnation of the abhorrent practice of FGM (female genital mutilation) is nothing said about the equally abhorrent practice carried out when male children are subjected to circumcision?

Both have a supposedly religious significance, but why do campaigners only concentrate on the former?

Christopher Short, Barry.

FOOTNOTE: There are those who would argue that circumcision can also be carried out for purely medical reasons.

HIGH TIDE TIMES (UNTIL SEPTEMBER 11)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
04 Thur	01.24	7.9	14.14	7.8
05 Fri	03.04	7.9	15.51	8.2
06 Sat	04.25	8.4	16.58	9.0
07 Sun	05.29	9.1	17.53	9.7
08 Mon	06.21	9.8	18.46	10.3
09 Tues	07.11	10.2	19.31	10.7
10 Wed	07.54	10.8	20.15	10.9
11 Thur	08.39	10.7	20.59	10.7

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

Barry to say farewell to Marie... ...of the big smile and generous heart



ABOVE: Marie during her tandem skydive for charity in 2010.

FUNDRAISING BALL FOR TEENAGE CANCER TRUST



THE Rotary Club of Dinas Powys has provided £1,000 sponsorship for the Teen Spirit October masquerade ball, organised to raise funds for the Teenage Cancer Trust unit at the University Hospital of Wales, Cardiff.

The photograph above shows Lara Cowpe with this year's president of the Rotary Club, Colin Jones, and Bill Christensen, the speaker secretary.

Lara spoke to the club

earlier in the year about the amazing work done by the Teenage Cancer Trust and is herself a cancer survivor.

Lara chairs the Teen Spirit in aid of Teenage Cancer Trust fundraising committee and hosts the October Masquerade Ball. She is also an ambassador for the Teenage Cancer Trust.

Tickets and details for the ball on October 18 at the Mercure Holland House Hotel in Cardiff, can be obtained from Lara Cowpe at laracowpe@gmail.com.

A local woman known as 'Barry's very own Tina Turner' and remembered for her big smile and generous heart, Marie Martyn, passed away peacefully on Thursday, August 28.

The GEM featured Marie four years ago when she undertook a skydive at the age of 70 to raise funds for Gofal Cymru.

A member of the family told The GEM: "She was born in Barry on the November 11, 1939, and was one of 12 children growing up on the Witchell Estate."

"She later married and had seven children and when her family had grown up and left home she returned to full-time work. After retiring three times and having two retirement parties she then became a cook in a local nursery which she absolutely loved, but had to give up when she became ill."

"She had 10 grandchildren and four great grandchildren which she was always been very proud of. She would tell anyone who listened about how proud she was of her immediate and extended family and that in her eyes we were a beautiful family with good values which meant a lot to her."

"She loved living in Barry and often walked to the nearby beaches with many of the local children in tow, spending the whole day at the beach looking for winkles and whatever else she could find before marching



ABOVE: Marie Martyn celebrating at her 70th birthday party.

everyone back home.

"She was well known by many people locally because she would walk to the town centre several times a week to meet friends and family – and to see what bargains she could get!"

"She regularly raised money for charity by doing sponsored walks and in her seventies did a three generation sky dive, raising approximately £2,000 for a local mental health charity."

"She will always be remembered for her enjoyment of socialising, music and dancing, often being referred to as Barry's very own Tina Turner. Her signature tune was *Simply the Best* which everyone would get up and dance to with her."

"She touched the hearts of everyone who knew her with her smile, understanding and natural ability to be there for those in difficult circumstances."

Marie was the much loved mother of Debbie, Tessa, Timmy, Simon, Jonny, Lee and Ayshea;

RAFA search for the family of local pilot

THE Barry branch of the Royal Air Forces Association are trying to trace any local relatives of Lieutenant Albert Payne, a member of the Royal Flying Corps whose grave is located in Merthyr Dyfan Cemetery.

The Royal Flying Corps was the forerunner of the present Royal Air Force.

Second Lieutenant Payne was killed on 13 January 1918 aged 30.

He was the son of George and Susanna Payne. His father had been a dock labourer in the ever-expanding docks in Barry.

Albert was born in Cardiff and the family moved to Pyke Street, Barry at the turn of the century and later moved to Travis Street. He went to school at Holton Road Council School, Barry

Dock. Albert was killed during a "fatal mishap" while in the air in a ferry flight from Hendon to Martlesham Heath. Engine failure was blamed – a common problem in the early days of flight.

His body was borne to his grave at Merthyr Dyfan on a gun carriage covered in floral wreaths and he was interred with full military honours. Over 100 men and officers of the Lancashire Fusiliers and RFC were in attendance.

Jim Doyle, Branch Vice Chairman of Barry RAFA, said: "We are hoping to contact any relatives of Second Lieutenant Payne as we would like to include him in our commemorative events."

"If anyone has any information they can contact me on 01446 740971 or lynda.doyle@tiscali.co.uk."

'Nato holding Highwayman to ransom' - CLAIMS A LOCAL BUSINESSMAN

THE partner in a popular local pub has claimed that the Nato conference has damaged his business to the tune of thousands of pounds.

Derek Gaynor of The Highwayman Inn, which is based on the outskirts of Rhosby of Cardiff Airport, told The GEM on Tuesday afternoon: "Joe Public has stopped coming this week. If people are told there is going to be mass disruption to an area, then they aren't going to come. We serve a lot of meals in a day and on Monday, we were down between £600 and £700; and today we were down about £1,000."

"The message that has been sent out to the public is 'don't go to the area because the Nato Summit is on and there is extra security'. It has been totally overplayed."

Mr Gaynor said there

Report by TIM CHAPMAN

had been a considerable police presence locally, with officers at local junctions, patrol cars and policemen on horses.

He believes it created a situation in which people were reluctant to venture out for fear of being caught up in traffic and delays.

At the time Mr Gaynor spoke to The GEM, the

conference hadn't even begun and he feared that later in the week might be even worse. The Nato conference is taking place today, Thursday, September 4, and tomorrow.

"This week, we have had to cut costs – that has meant sending staff home because there isn't the business."

"If businesses are adversely affected, I think there has got to be some compensation and I will be looking into it," Mr Gaynor added.

Barry Rugby Football Club NOTICE OF ANNUAL GENERAL MEETING

to be held at The Clubhouse,
Wednesday October 1st

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BARRY CAMERA CLUB KICKING OFF WITH A PRINT PRESENTATION

BARRY Camera Club starts its 2014-2015 season on Friday (September 5) at the St Francis Centre with a presentation of printing and print mounting techniques by Rob Owens and Mike Lewis.

A full programme has been prepared for the winter season, featuring guest visits from experts in various fields of photography, who will give illustrated talks on a wide range of subjects – use of Adobe Photoshop, specialist mono work, panoramas and natural history – as well as the usual monthly competitions, practical projects, including at least one portraiture

evening and various ad-hoc events.

New members are particularly encouraged and will be made most welcome with a programme being prepared especially for the new and less experienced photographers to allow them to quickly gain more proficiency and satisfaction from their hobby.

Barry Camera Club meets every Friday evening from 7pm – 9.30pm at St Francis Millennium Centre, Porth-y-Castell, Barry Garden Suburb, Barry, CF62 6NX. New members of all experience and skill levels are welcome with no obligation to join. Alternatively, visit www.barrycameraclub.co.uk.

Rob Nicholas

Drones at your door!

THE development of a fleet of drones to deliver goods to customers (they dropped a packet of dog biscuits to a farmer in Australia to show they could!) suggests all sorts of possibilities.

Could we one day fly our rubbish to the municipal dump? Or have a ready-cooked pizza dropped-in for lunch?

It may sound fanciful, but as members of Penarth Aviation Society will hear at their meeting tomorrow, (September 5), the sophistication of modern aeroplanes has not stopped men and women from trying to invent more individual ways of flying – just as they did before the jet age.

A flying bicycle, for instance, and a flying car (an 'aerocar' from the 1950s is now in the Seattle Museum of Flight) and someone had a go at a 'windmill plane'. What's more, several of them worked quite well – for

a short distance anyway, though some people may prefer not to try it themselves.

There will be a film to illustrate some of the aviation oddities that have enriched the lives of would-be fliers, and David Ephraim will be giving the talk.

Penarth Aviation Society meets at 8pm in the Penarth Conservative Club on the first Friday of each month and visitors are welcome. Further information from David Ephraim, telephone: 01446 721321.

YT

FLORAL SOCIETY

MRS Janet Beard, of Cinderford, will demonstrate 'What Next' to members of the Barry Floral Society on Tuesday, September 9 at St Nicholas Community Hall, St Nicholas Road, Barry at 2.15pm. New members are always welcome.

Following gambler John on a rocky road to ruin!

TWELVE Penarth and District Ramblers, including leader Liz, set off from Cwm Banw, and joining a bridleyway, tramped the lower slopes of Tal Trwynau, before reaching Macnamara's Road.

The story is told of John Macnamara, a notorious hell-raiser and gambler, who won Llangoed Castle and estate at Llyswn in the beautiful Wye Valley in a gambling game.

He built a large Georgian house with extensive cellars, known as the Hermitage in the Grwyne Fechan Valley for his mistress, and as it was not accessible by coach, built a road across the hillside so he could visit.

But his gambling ways proved to be his downfall, as after a drunken night at the Hermitage, he was racing up the hillside in order to win a bet when he was thrown from his carriage at high speed and killed.

Climbing gently to Pen Trumau, the group enjoyed fantastic views of the Black Mountain ranges for the short but steep ascent over

Mynydd Llysiau.

Wye walk
GLASBURY, which lies adjacent to the beautiful River Wye, was the starting point for Sylvia and her group of 11 ramblers.

Crossing the river, to begin the journey up to Hay-on-Wye, they climbed steadily past farms and old cottages to Llanigon village and descended to the riverside path for lunch at a pebble beach.

Making their way to Hay, they crossed the Wye to the north bank, climbing to Briwnant, before descending to Llowes an ancient religious site, and then returned to the start after a brilliant day's walking.

On September 6, meet at 9am at Cogan Leisure Centre for the nine-mile moderate Rhymney River Circular walk taking in Machen and Michaelston Y Fedw; contact Geraint on 029 2051 5278.

On September 7, meet at 9am at Cogan for a 10-mile moderate/hard walk at Llangorse taking in Mynydd Troed; contact Robin on 029 2051 4051.

To follow the group, log onto www.penarthramblers.wordpress.com Programmes and membership advice can be obtained from Pam, on 029 2051 5102.

JOY STRANGWARD

A walk in the park!

UNSETTLED weather did not deter Barry U3A walking group from enjoying a morning stroll around some of Cardiff's beautiful parks and learning something of their history from group leader Val Warlow.

Most walkers had heard of Victoria Park and Llandaff fields, but did not know about Thomson Park, which was donated to the city in the late 19th century. The group is made up of people who want to walk as a social activity and discover some of the local footpaths and beautiful scenery in the Barry, Cardiff and Vale area.

Walking is one of several activities offered by Barry U3A and new members are always welcome. They meet at 2pm on the first Monday of the month. September meeting, Jerusalem Church Hall, subsequently at Bethel Baptist Church Hall. XC

'We aim to give care and compassion in dealing with the bereaved family requirements and appreciate that each funeral takes on a different role. No two funerals are the same, as each loved one deserves a personal tribute.'

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Local award-winning novelist to appear at Penarth Book Festival

LOCAL award-winning author Belinda Bauer will be talking about her new thriller, *The Facts of Life and Death*, and the craft of crime writing, at an event in Penarth next month, writes TIM CHAPMAN.

Belinda, who lives near Cowbridge and recently won the Theakstons Old Peculier Crime Novel of the Year award for 'Rubbernecker', has been lauded by critics and readers for her atmospheric and unpredictable stories.

In *Rubbernecker*, she brought the Brecon Beacons and south Wales vividly to life through the eyes of Patrick Fort, a young man who has Asperger's Syndrome and believes he may be examining a murder victim in his anatomy class.

In *The Facts of Life and Death*, Belinda has turned her attention to a young girl across the Bristol Channel whose fears are crowding in on her.

Belinda explained: "Ruby Trick is a ten-year-old girl who lives in a tiny village squeezed between the forest and the ocean on north Devon's wild coastline.

"She's chubby and not popular and is already worried – about the sea, the encroaching trees, and that her parents' marriage is falling apart – when someone starts to stalk lone women in the area.

"Ruby idolises her father, which is the dominant relationship in her life.

"In this book I was interested in examining the corruption and manipulation of a child – how

adult values are absorbed and accepted without any objective filter.

"As the story unfolds, Ruby's physical and psychological isolation becomes increasingly dangerous."

Belinda's latest tale didn't require the same extensive research as *Rubbernecker*.

"*Rubbernecker* required huge amounts of medical research, but *The Facts of Life and Death* is a story that comes far more easily from personal experience of places and people.

"I did do a lot of research into the geology of the coastline and when the book was published earlier this year the area was in the news because of serious flooding during last winter's storms, so it was particularly interesting to have a better understanding of what was happening to the landscape there.

"I always want the setting to contribute to the story, whether that means very evocative descriptions or none at all.

"I don't like to have long descriptive passages in my books, so I'm always trying to find the most succinct way to convey the surroundings.

"Often that is more about the details than the sweeping description. As soon as I have an idea, I start to think about characters and where to set the story. You have to get both of those things right for the book to fulfil its potential.

"I lived in north Devon and had always wanted to set a book in the real village on which I based Limeburn, because it is

extraordinary."

Crime remains the most popular genre in fiction writing – but why is that?

"Because it's so exciting! A good crime novel has all the literary merit of good general fiction, with the added attraction of a thrilling plot, darkly fascinating characters and a clever puzzle you can try to work out for yourself.

"A great deal of the attraction lies in answering the questions a crime novel asks right at the outset – what happened? How? Who did it? And the most fascinating question of all – why?

"Also, because crime sells, other writers are turning to it in order to explore some really interesting crossover fiction, and some of the most exciting writing around today is happening in the crime genre."

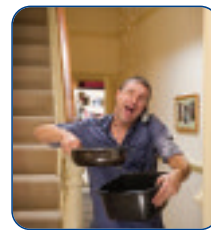
In her own 'reading time' Belinda enjoys more light-hearted fare.

"I like a book that makes me laugh, so Jane Austen and Bill Bryson are big favourites.

"As a child I read a lot of Stephen King and Philip K Dick, and I wish I could write like Neal Stephenson."

The 'Women in Crime' event takes place on Tuesday, October 14 (7.30pm to 9pm) at The Gallery, All Saints Church, Victoria Square, Penarth. To apply for tickets (£5) go to www.penarthbookfestival.org.uk; ring the Penarth Book Festival hotline number: 07787 848 337; or go in to Griffin Books, 9a Windsor Road, Penarth (formerly the Windsor Bookshop).

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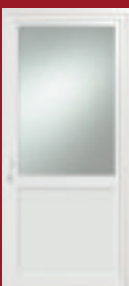


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Open invitation to historic event as cemetery marks its 125th anniversary



The Barry Branch Royal British Legion memorial that greets visitors to Merthyr Dyfan Cemetery.

Saturday, September 13, 2014 is a date of huge local significance – Barry Town Council and Barrians will mark the 125th anniversary of the Merthyr Dyfan Cemetery.

It opened in 1889 with the first burial held in October of that year.

Since then more than 40,000 people have been buried on its gentle slopes – grandparents, mothers, fathers, brothers, sisters and friends... In fact, it is probably fair to say that

nothing is as important to the people of the town as the local cemetery.

The Town Council is keen that the public should share in the commemoration.

Cemeteries' manager, Angie Norman, said: "Our special day will start at 10am and goes on until 4.30pm.

"There are lots of things planned – vehicles used during funerals throughout history, displays, walks and talks hosted by the friends of the cemetery, information from Glamorgan Archives and

the Glamorgan Family History Society."

At 3pm there will be a dedication service. A boulder marking the 125th anniversary will be dedicated. It has been donated by Simon Morgan of Mossfords Monumental Masons.

Mr Morgan's grandfather donated the water fountain situated outside the cemetery chapel many years ago. Barry Male Voice Choir and Barry Ladies Choir will perform at a concert at 4pm.

The day will be an opportunity for people to

consult cemetery records, learn about its history and how it is run.

Local funeral directors and monumental masons will also take part in the anniversary event.

The council works hard to ensure the cemetery is accessible and responsive to the needs of relatives.

It is open every day of the year, including Christmas Day. Seven members of staff work there throughout the week, and two over weekends and Bank Holidays.

The Friends of Merthyr Dyfan Cemetery hold well attended services on Mother's Day, Father's Day and the last Sunday before Christmas at which people can light candles in memory of loved ones. The cemetery covers

56 acres, but as Angie explained, preparations are already in hand for the decades ahead.

"We are in the process of the final extension which should last 20 to 25 years."

Shortages of land in south Wales are a concern for organisations with responsibilities for burials. Barry Town Council has had discussions with other town and community councils in the Vale and they have collectively put their thoughts on possible solutions to the Vale Council.

Barry Town Council is still keen to track down descendants of the members of the original United District Burial Board who would have been in attendance at the formal opening of the Merthyr Dyfan (then

Dovan) Cemetery in 1889.

The members of the board who were present at the opening of the cemetery in 1889 were Mr ED Jones (chairman); Rev Canon Allen; G LI Williams; J Price and J Matthews; also in attendance were Messrs J Robinson, Oliver Jenkins, D Rees, G Garnett, J Barstow and E Lougher, together with Mr J A Hughes, the clerk Mr Thomas and the caretaker (whose name is unknown).

If you believe you are a descendant of any of the above named the town council would like to hear from you and take part in the anniversary event on September 13. Angie Norman can on 01446 704920.

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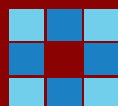
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Club event boosts charity

BARRY club steward Richard Alexander has organised a third fundraising event for Help for Heroes – to boost proceeds raised for the charity to more than £2,000.

Held at the Wyndham Conservative Club in Harbour Road, a barbecue and karaoke evening raised around £450 – adding to £1,785 generated through two similar 'Bear-B-Q' events in the past nine months.

Supported by family, friends and the club, the events help the charity which supports veterans, serving personnel and families of those who have been wounded or injured, or have become sick, as a result of serving their country.

The enjoyable and informal event

was very well attended by members, wives and friends.

Richard said: "A big thank you to everyone from me and the Wyndham Club."

"I enjoyed tremendous help and support, especially from my parents, Rob and Jayne, and a special thanks to all those who contributed, both in terms of donations and support for the raffle, and, indeed, for just turning up on the night and entering into the spirit of the fun event."

"Judging from the feedback, everyone seemed to enjoy themselves and I'm sure we will continue to organise similar events in the near future."

RP



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For more information please contact Angie Norman on 01446 738663

Organised by Barry Town Council, 7, Gladstone Road, Barry

In Association with Local Funeral Directors & Memorial Masons, Friends of Merthyr Dyfan Cemetery, Barry Male Voice Choir, Barry Ladies Choir & Glamorgan Archives

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Donna Edwards with her prize-winning entries in baking.

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and houseplants – Elizabeth Richards. Randall Rose Bowl for floral art – Susan Colman. Bernard McParlin Cup for photography – Tom Alexander. National Westminster Cup for needlecrafts – Alyson Hemlock. D Hampton-

Jeffery Cup for painting and drawing – Janette Fox and Sandra Midgley. Dinas Powys Community Council Cup for craftwork – Sylvia Thompson. Women's Institute Cup for highest number of overall points in show – Elizabeth Richards.

YOUNG PEOPLE'S CLASSES

Dell Smith Cup for nursery classes – Bryony Bryce. J Brockurst Cup for reception classes – Sioned Evans and Seren Ford. Aquarius Cup for years 1 and 2 – Alfie Sargeant. DP and St Andrews WI Cup for years 3 and 4 – Alfie Sargeant. St Cyres Cup for years 5 and 6 – Ella Tamale-Sali. Enid Jackson Cup for highest number of points in Young People's Classes – Alfie Sargeant.

Controlled explosion carried out at beach

A controlled explosion was carried out at Llantwit Major beach on Sunday, July 31.

The 'bang' was heard as far away as the town. On Saturday afternoon a member of the public had found a washed up phosphorus flare at Dimole. The canister was 13 to 14 inches long.

Llantwit Major Coastguard Rescue Team pinned it down on Saturday evening.

The next day Royal Navy EOD – which stands for 'explosive ordnance disposal' – arrived in Llantwit and sealed off part of the beach.

At 12.50pm the unit carried out the controlled explosion.

Ice cold dare!

BARRY councillor Richard Bertin has taken part in the ice bucket challenge for charity, after being egged on by friends and residents to take part in the ice cold dare.

He is now going to give a donation to Macmillan at Heath hospital.

"Although it was freezing cold the event was well worth it as was all for a good cause," he reported.

Barry at War event was the most successful ever!

Above: MET1 simmering after a hard day's work in the presence of a beautifully vintage 1929 Armstrong Siddeley motor car at our Barry main depot (the 1890-built Barry steam loco shed).



OUR Barry at War event proved to be the biggest crowd puller to Barry for many years, the Red Arrows display was spectacular and the Dakota fly-past added a sense of time past as it banked steeply over the railway sites.

The steam loco MET1 and the First World War living encampment gave an idea of the times a century ago when the First World War broke out.

We succeeded in commemorating both the centenary of the First World War and the 70th anniversary of the D-Day landings.

We illustrated all the sacrifices made in the past to protect our freedom today while giving everybody who attended an informative and entertaining weekend.

Special thanks are due to all my team, my co-organiser Ade Pitman, the RAF and everyone who came to Barry support us.

John Buxton, director, Barry Tourist Railway

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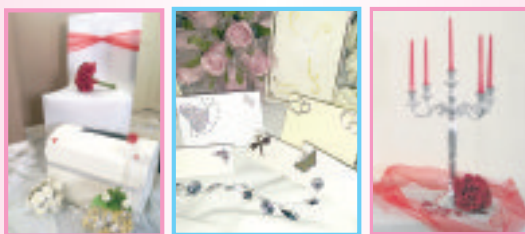
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CROWDS GIVE TAYA BIG CHEER FOR HER CHARITY SACRIFICE!



LEFT: Linda Harvey holds up Taya's plait.

PHOTOS by FRANK SHIPTON
frankshipton@mac.com
Tel 07790 882925



Taya holds her plait, as Alea gives her a hug.
BELOW: Alea gets to work on Taya's plait.



THE crowd at the recent Newton music and beer festival gave a special cheer to an eight-year-old girl from Pyle.

Taya Beechley had her long plait cut off so that she could send the hair to the Little Princess' trust, which makes wigs for children undergoing cancer treatment.

The cutting was done by her four-year-old sister, Alea, although she did need some help from her grandmother, Linda Harvey.

Taya then went around the festival field holding her plait, and collecting donations for the charity.

She is no stranger to fundraising for good causes, and was recently

presented with a 'Local hero' award for her efforts.

This year, she has been very busy raising funds for victims of the Philippines Typhoon disaster, which struck in December last year.

Grandmother Linda said: "Afterwards, we went to Naples Hair and Beauty in Pyle, for Taya to have her hair tidied up free of charge, as it was a bit of a mess after her little sister had cut it!"

"I really wanted to support Taya, so I ended up having my hair cut off as well. We will be sending our hair off to the charity this week, and so far, Taya has raised over £400 – and we are still counting."

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Public's views sought on Vale homes plans

THE Vale Council is seeking the public's views on its draft Local Housing Strategy, which sets out the vision for housing during the next five years.

The draft strategy aims to make sure that all residents in the Vale of Glamorgan have access to good quality, suitable housing and are able to live happily and independently in vibrant, sustainable communities," a spokesperson stated.

"It also sets out four key goals; to provide more homes and more choice, to improve homes and communities, to provide better advice and support, and to promote equality of access to services."

The council is keen to obtain the views of residents and stakeholders, and has opened a public consultation, which will continue until

September 28. The questionnaire, as well as a copy of the draft strategy, is available online at www.valeofglamorgan.gov.uk/LHS. Hard copies are available to view in all Vale libraries, and at both the Civic Office and Docks Office.

Drop in Sessions will be available for residents to discuss the strategy and give any feedback. The Civic Office, Barry will be open on September 11 from 1pm-6pm, and on September 15 from 8am-1pm. Sessions will also be held at Penarth Library on September 17 from 9.30am-12.30pm, and at Cowbridge Library on September 19 from 9.30am-12.30pm.

Backing group for the services

GROUP 617 – 'Making a Difference' – has been formed in the Vale to support veterans of the armed services and emergency services and their families.

It will also provide education about the armed services and emergency services to the public, especially young people.

Membership is drawn from current and former members of the armed services, emergency services and other supporters.

The group meets in Room 617 at the Penarth Pier Pavilion on Tuesday

mornings from 10am-12.15pm and Thursday evenings from 7.30pm-8.30pm at the Penarth Conservative Club.

Room 617 is dedicated to all members of the armed services, in particular Royal Air Force Bomber Command, and has been adopted by 617 Squadron (Dambusters) Royal Air Force.

The following were elected at the inaugural meeting: Chair, Russell Kiteley; Hon treasurer, Edward Oliver; Hon secretary, Sian Woodland. Executive committee: Eileen Younghusband, Lisa Ford, Martin Bale, and Jack Hawkins.

Local MP's plea to join Mametz centenary events

VALE MP Alun Cairns has visited Mametz Wood in northern France, to pay tribute to the Welsh soldiers lost in battle during the First World War, and encourage families in the Vale to come forward in preparation for centenary events in 2016.

Alun Cairns and we hope that he will continue to be involved in our planning for the commemorative events in July 2016, for which details will be published shortly."

If you have an ancestor who was at Mametz Wood in 1916 contact Phil Davies by email at: philgreenisha@btinternet.com.

Mr Cairns went with his family to see the striking Welsh Division memorial – a red dragon sitting atop a three metre stone plinth made by the Welsh blacksmith David Petersen.

The sculpture was erected in 1987 by the South Wales Branch of the Western Front Association in memory of the hundreds of Welsh soldiers lost during the Battle for Mametz Wood, and will be the focal point for the event centenary in 2016.

Mr Cairns said: "It has been a long held aim of mine to visit the monument at Mametz Wood. To have stood with my family in the very fields where so many soldiers lost their lives, was incredibly emotional."

Phil Davies, secretary of South Wales Western Front Association said: "It is a great boost to receive the support of

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VALE MP's VIEWPOINT

Nato summit will present Wales to the whole world

THE Nato summit has arrived in south Wales and in spite of some local issues, I am very optimistic about the positive effect the event will have on the Vale of Glamorgan and the wider south Wales economy.

There are a number of local business that will benefit directly and indirectly: Rathkeys, based at the Vale Business Park in Llandow, are making the bespoke table that is larger than a local authority swimming pool.

They were putting the final touches to a table that is being used for the deliberations of almost 70 world leaders. Moving it from Llandow to Newport will take three removal lorries – all local, I am pleased to say.

A number of local transport firms will be moving people and items between Newport and Cardiff; and restaurants, hotels and pubs will benefit from the sheer volume of people that will be attracted to south Wales.

More than 1,500 journalists will attend from all over the world and 24,000 hotel nights have been booked for delegates, reporters and support staff. Many rooms are in Barry and across the Vale.

We need to create the warmest and most welcoming of reputations, as I am sure we will. The standing generated will continue long after the summit has ended.

Some people have an outdated view of Wales, based on our proud heritage. We all know that the reality today is very different. A modern economy, a green environment and a fantastic coastline – all attractive to tourists throughout the year.

The summit has created the focus to help continue to rebrand Wales. The #mywales campaign on Twitter has been



Alun Cairns
reports to
GEM readers

fantastic. A large number of figures have been tweeting their favourite images of Wales – I highlighted Barry Island!

British embassies and consulates around the world have been reporting and tweeting in their local papers #walesfacts – such as that we have 640 castles, which is more castles per square mile than anywhere else in the world.

And the people in the Netherlands have been told that 26 per cent of Wales' land surface is either a National Park or an Area of Outstanding Natural Beauty.

Some local business leaders are saying that this summit will make more of an impression than the Ryder Cup did a few years ago, but it is the combination of these events over an extended period that presents Wales as more than the sum of its parts. We need more of them.

This is a once in a lifetime opportunity for Wales to put on an event that we can all be proud of; in doing so, it will

provide a legacy of positivity for tourists and businesses alike engaging with our local communities for many years to come. I am privileged to have the opportunity to attend a number of events in and around the summit; visiting businesses, schools, speaking at briefing sessions.

All have been positive and I hope we can make the best of this great opportunity.

A GLOBAL OPPORTUNITY

Alun Cairns MP will be present in his Wales Office ministerial role, at a reception for the 60 world leaders on the first night of the Nato conference.

It is being hosted by Prince Charles at Celtic Manor, Newport, to thank the people of Wales for welcoming the largest gathering of world leaders ever seen in the UK.

Mr Cairns will also be hosting a table at a dinner with the Chancellor, deputy Prime Minister and other cabinet ministers present on the opening night of the summit.

The MP will be visiting schools across south Wales with dignitaries to highlight the role of Nato, and will be among the guests presenting bronze commemorative coins from the Royal Mint to pupils in 57 schools.

Mr Cairns said: "The reception hosted by the Prince of Wales is a tremendous opportunity to show Wales in the best light possible.

"This event also allows the opportunity to visit schools and explain the role of Nato and present the specially commissioned commemorative coins to pupils, which will be very rewarding.

"Importantly, the reception will host guests from the Vale of Glamorgan, and along with the local community, it will be a privilege to present Wales to the world," he added.

POWER STATION'S TIMELY GIFTS FOR VILLAGERS...

ABERTHAW Power Station recently supported Gileston Village by donating a sundial and notice board for the local church.

The new additions to the village were showcased at the annual village fete. Gileston village was recently voted the best kept village for the second year.

The summer fete was a fantastic day out for the family and showcased flower displays.

This year, the village has been designed around the theme of World Wars One and Two.

Gileston resident Geoff Nicholls said: "We are delighted and proud to have been made the Best Kept Village again this year. Everyone works hard to make the village what it is.

"The donation from Aberthaw Power Station is another boost for the village and takes pride of place at the church."

Aberthaw Power Station manager, Richard



Villagers with the sundial, donated by the Power Station.

Little, said: "The Gileston community exhibits many of the values that RWE Generation strives for, combining passion with efficiency.

"We hope the new additions to the village will help to make Gileston the best kept village for three years on the trot!"

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Ben (17) gets 'prepped' for job interview

St Athan teenager, Ben Myers, has helped spearhead an ACT youth employment scheme by landing a job – at his first ever job interview.

The former Llantwit Major Comprehensive School pupil was one of three candidates out of 40 hopefuls chosen to work at the Barry branch of a fast food restaurant, after he took part in a multiple telephone, group assessment day and one-to-one interview process.

He felt that expert



feedback gave him an advantage.

Ben (17) said: "I was encouraged to take part in various group exercises and one-to-one mock interviews at an 'Employ Me' day with companies like Asda and British Gas, which I truly believe gave me the edge when it came to attending the real thing."

Vale Council answers Knap football critic

LAST week, GEM reader Alan Jones complained at the lack of organisation which led to just three youngsters turning up to a local football event. A Vale Council spokesman responded:

"The Knap Gardens Soccer Day event was originally taking place at Romilly Park, but the venue had to be moved, which may have caused some confusion.

"While advertisements did make the venue clear, the turn-out was disappointing, especially considering the excellent attendance at the Victoria Park soccer day event the day before.

"This summer, the sports and play development team have been involved in a whole

host of events. The fun day at King's Square saw some 500 children, young people and adults attending; while the National Play Day saw over 250 people out enjoying the sunshine.

"Not to mention the Barry Island sports, arts and play weekend that attracted a fantastic turnout.

"The results from the recent National School Sport Survey undertaken by Sport Wales demonstrates that the Vale of Glamorgan is joint second in Wales in relation to Hooked on Sport with 44 per cent of children and young people in the Vale participating in sport and physical activity at least three times a week, compared to the Wales average of 40 per cent."



Our GEM Facebook winner for August 28, 2014 is:

NICK ANDERSON

who correctly answered last week's question in The GEM.

Our lucky winning reader, chosen at random wins a £25 prize voucher to spend with any advertiser in last week's GEM.

The competition runs every week throughout 2014 with a potential prize fund of £1,150.

CONGRATULATIONS, NICK!

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Jason Thomas, Cardiff Airport's chief of staff, overseeing work that will enhance customer experience.

C A R D I F F
A I R P O R T has moved up three places in a poll among travellers, who responded to a recent survey conducted by leading consumer magazine *Which?*

This represented an improvement on last year's survey results, with the overall satisfaction rating increasing by around 15 per cent, a spokesperson said.

The survey, which assessed both large and smaller airports across the British Isles, awarded a four star rating for the

ease with which passengers move through Cardiff Airport's security process, queues for check in and passport control as well as the distance to walk to the boarding gates.

Seating provision was also commended, with a four out of five star rating.

Debra Barber, the new managing director, commented: "I'm

pleased with our improved performance in this independent survey; it demonstrates that we are moving in the right direction and we will continue to build upon the initial progress made.

"Along with our focus on increasing passenger numbers and enhancing the number of destinations we have on offer from Cardiff Airport, we have also

spent the last year or so making improvements that resulted from feedback from our own customer survey.

"These have included providing free WiFi, free baggage trolleys, a free drop-off zone outside the terminal, state-of-the-art equipment to enhance passengers' experience as they pass through security, a refurbished cafe bar area in

Departures, and new taxi booking and waiting area in Arrivals.

"We want the people of Wales to be proud of their airport and for them, along with visitors to our country, to have a wonderful experience when using it.

"Hopefully, the further improvements we have made will be reflected in next year's *Which?* survey."

Jason Thomas, Cardiff Airport's chief of staff, overseeing work that will enhance customer experience.

£2,705 RAISED FOR CHARITY



RECENTLY, Carolyn Collard hosted her eighth annual strawberry tea for Breast Cancer Care. With help from more than 70 local ladies, it raised an astonishing

£2,705.19 with an auction, raffle, fun games and quizzes. Preparations are already under way for the ninth year, Carolyn reports!

Old school photo sparks memories!

AN old school photograph, dating from 1971, showing all the staff and pupils of Cowbridge High School for Girls, which was published in The GEM on August 21, has sparked a host of memories.

GEM reader Barbara Hodges wrote to say: "I know the girl sitting in the front row - second from right - lower picture. She is my daughter, Helen Elizabeth!"

"She was 11 years old when this picture was taken. Helen is married and has two grown up sons. She now owns and runs self-catering holiday apartments in Ordis, near Figueres, Spain with her husband, Francis."

Julie Phelps, who now lives in Llantwit Major, said: "I was in the sixth form at that time, and wasn't in the photo, but of the staff, two stand out:

"Miss Davies (French) is the fourth member of staff from the left, and Miss Davies (geography) is the ninth member of staff from the right."

Cheryl Sedgmond wrote to say: "I have just seen the photo on page 7 of The GEM and was surprised to see myself!"

"I am in the bottom photo, sitting on the floor at the front, 12 in from the right. My name then was Cheryl George."

Sue Wyatt responded: "Yes, I recognise myself and many of my old school classmates in the Cowbridge Girls High

School 1971 photo.

"Middle of the top photo, middle row I stand, then known as Susan Harris, along with my classmates year 5S (S for pupils from the south of Cowbridge, mainly Llantwit Major).

"We were all approximately 16 years of age which means we will all turn 60 this year or next!

"Beside me to the left of the photo is my (still) good friend Margaret Isaac, next to her is Susan Barwick (no idea where she is now), then another (still) good friend Barbara Lloyd, Beverly Thomas, Julie Harris, Kerry Tierney, Joyce Hoskison and

others whose names I can't quite recall.

"To the right of me on the photo is Sylvia Woosnam, Pat Evans, Ceri Lloyd, Patricia James, Janet Tokeley,

Mary Powell, Moira Thompson, Barbara Watson, Karen Greathead and other familiar faces whose names slip my memory."

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Mini music festival raises £1,000 for transplant unit at hospital

NEW Wenvoe residents Steve and Bobbie Jones of Grange Close hosted a garden party, christened 'Grangefest 2014' in July, which raised £1,000 for UHW Cardiff Transplant Unit.

The idea started out as a small house warming party for family and friends featuring a live band as entertainment.

However, the idea mushroomed into an event with about 100 guests and five bands on the bill.

Steve said: "As the party planning started to take on the feel of a festival we named it Grangefest, and decided it would provide a great opportunity to raise money for a local charity, as well as meeting neighbours and making new friends".

The line-up was pretty impressive for a back garden party.

The Shamones, a Ramones tribute band, featuring the legendary ex-Damned bass-player,

Bryn Merrick, headlined. They were supported by John Sloman, vocalist; ex of 1970/80s Trapper, Uriah Heap and frontman of Lone Star. Other local artists and bands also played at various times throughout the day.

Nearly £500 in cash was collected during the evening from guests including neighbours from Grange Close. This was doubled by two of the guests, who asked not to be named, making a total donation to the charity of £1,000.

Rachel Johnson (wife of Shamones' singer, Andy), who has herself undergone treatment at the transplant unit, accepted the donation on their behalf.

She said: "This donation will go towards providing TV/music remote controls, headphone extension cables, fans and footstools, all of which will help to improve the comfort of patients undergoing dialysis."

Pink & Blue Walk in aid of Cancer Research (Wales)



WE DID IT! It was a beautiful warm sunny day on August 31 for our six-mile charity Pink & Blue Walk around Cardiff Bay, to raise funds for prostate and breast cancer research projects here in Wales.

We entered as a family because, unfortunately like many others, we have been affected by this dreadful disease. I was one of the lucky ones and am a

survivor but, sadly, it took our wonderful dad from us last year.

The research department at Velindre is working to bring forward the day, when all cancers are cured. To help them we have raised £1,624.63 so far (still collecting).

Everyone has been so kind, especially the people of St Athan village, who are our greatest supporters, for which we are very grateful. Thank you all once again.

Pauline Eastment and family, St Athan.

Staffie will play forever!

The GEM is in partnership with the Dog's Trust to find caring homes for animals in their charge at Bridgend Rehoming Centre (01656 725219)



FIVE years old, Zaggy is one for the Staffie fans; he loves his toys and will play forever in the field.

He is enjoying his weekly excursions with his volunteer friends who love him to bits. He can be sensitive and anxious and will need time to get to know you.

We are also working on his social skills with other dogs, and he is improving with time. He will need new owners who have had Staffies before and know their quirks!

He can live with children aged 14 years and over. With time to settle in, Zaggy will be a fun and loving dog to have around.

If you can offer Zaggy a home, call 01656 725219 or pop into Dogs Trust Bridgend. We are open 12pm-4pm every day except Monday, with late night opening on Wednesdays until 7.30pm.

Jetting in for Nato summit

WORLD leaders and local people in south Wales will be treated to an aerial display of military jets from nine different countries when the Nato Summit is held in Newport.

The RAF's Red Arrows will be joined by aircraft from across the Nato alliance for the flypast over the summit at the Celtic Manor resort on Friday,

September 5 at 9am. Local residents in Cardiff should head to Cardiff Bay at 8.30am for the best view of the planes.

The planes will pass over the National Assembly building in Cardiff Bay on the way to the summit, where world leaders including Prime Minister David Cameron and US President Barack Obama will be among delegates from the 28 Nato member states.

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Cloudy2Clear Windows – Service With A Smile!

It's been a crazy few months for Cloudy2Clear Windows. The company which specialises in repairing windows which are steamed up, broken or damaged by replacing the panes – not the frames has grown rapidly as homeowners take advantage of their services.

Branch Manager Phil Powell feels that it's all about service. "Our product is simple. If your double glazing is misted up we can replace the glass at a fraction of the cost of a new window, in any type of frame, and with a new 5 year guarantee. But it's not just about saving people money, although

that obviously helps. Many tradespeople have struggled since last year and I honestly feel that during the good times a minority perhaps didn't focus on customer care as much as they should have done. We make sure we turn up when we say we will, do the job the customer requires and leave their house as clean as a whistle. I often get comments back from customers on how they really didn't expect that sort of service which, in a way, is very sad for the service industry as a whole."

Cloudy2Clear service the Vale, Bridgend, RCT and Porthkerry areas and Phil is finding that his

approach is a major factor in his success. "The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've

done work for, which just goes to show how much a little bit of effort is appreciated."

So, if your windows are steamed up, broken or damaged give Phil a call for a free quotation on 0800 61 21 118 and he'll be happy to help!



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Stars on their bikes again for Velindre!

**OVER 50 cyclists
led by Welsh rugby
legend Jonathan
Davies, are leaving
Cardiff on Monday
(September 8) to
travel to America
for their East Coast
Bike Challenge.**

The gruelling 515km bike ride from Boston to New York will be raising funds for Velindre Cancer Centre, where Jonathan is president. The riders are being seen off by First Minister Carwyn Jones, who helped launch the first Velindre bike ride over two years ago when 50 cyclists rode from Yosemite to San Francisco for an emotional finish on the Golden Gate Bridge. Because of the popularity of the event, a second ride was organised which took place immediately after the first, and together they raised £470,000 for Velindre, and that helped

persuade Jonathan to don his cycling shorts again.

Jonathan said: "The California Bike Ride was supposed to be a one off, I was celebrating a special birthday and wanted to use the occasion to raise funds for Velindre, where I'm president.

"I led the bike ride, along with and Martyn Williams and Mike Hall, and we ended up with over 50 riders. The whole event was an absolutely fantastic experience, very tough cycling but with great company and, most importantly of all, we raised an enormous sum for Velindre.

"The itinerary for the Boston New York Ride is amazing, and it would be fantastic if we could raise over half a million pounds for Velindre".

Readers can show their support by visiting: www.velindrefundraising.com/victoryovercancer.

Harvest thanksgiving

ZOAR Presbyterian Church, Bonvilston, is holding a harvest thanksgiving service on Wednesday, September 24 at 7pm.

Guest preacher is Rev Meirion Morris. Light refreshments to follow; the collection will go to the Vale Food Bank.

Everyone welcome; for further information call 01446 781309.

'Alfie' leads anti-bullying campaign in schools

RIGHT:
Former rugby star
Gareth 'Alfie' Thomas
is leading an anti-
bullying campaign in
local schools.



AS apprehensive youngsters prepare for their first term at 'big school', new research suggests that most teachers have had no training on the risk of the bullying children face as they begin their secondary school careers.

A survey by Prospero Teaching, which recruits teachers to roles in thousands of schools, reveals that a massive 73 per cent of teachers have received no specific training on bullying among children transitioning from primary to secondary school.

Almost one third of secondary school teachers surveyed had had no experience of preparing children for the transition from primary to secondary.

Some 32 percent of the teachers surveyed believe this lack of expertise is an issue that parents should be concerned about as they prepare their children

for one of the biggest days in their school careers.

The company has launched a national campaign, led by former rugby star great Gareth 'Alfie' Thomas, who represented Wales in both rugby union and rugby league.

The Bridgend born former Lions captain said: "People might not believe it to look at me - because I'm a big lad - but bullying has a lot to do with my life story, who I am and where I come from.

"I think the time when kids move up to big school is a really serious fault line in the system. You're in a new environment. You don't walk as confident, you

don't talk as confident. You're vulnerable.

"Bullying is such a complex topic, and there are so many types and causes. Of course,

the bullies themselves have often been victims of bullying, and I want to reach them, too, to break the cycle."

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'I believe technology has created unsociable and lazy teenagers'

... BUT HOW DO WE EXPECT TO CHANGE THIS BEHAVIOUR IF ALL WE DO IS ENCOURAGE IT?

THE way we all communicate is changing almost on a monthly basis these days, and that applies even more so to teenagers. So, how is this new world of smartphones and tablets changing the way young people think and behave? The GEM asked Charlotte Ironside, a 17-year-old pupil at Brynteg Comprehensive School, to investigate...

THE summer holidays! A time of freedom, relaxation, and getting out of the house to enjoy the sun and fresh air with friends... right? Wrong!

The younger generation have been stuck in school for 11 months, locked in their bedrooms for three of those revising whilst panicking about their upcoming exams, and stressing about their never ending pile of homework.

However, even though given the luxury of six weeks of freedom (something about which most working adults can only dream!) adolescents won't take full

advantage of their summer holidays, even after the torment that is school today.

In fact, the majority of teenagers' holidays will be spent indoors, on their own, having no contact with the outside world.

Why? The increase in technology, such as iPhones, iPads, iPods, pretty much anything in relation to Apple, has meant that there is no reason for teenagers to leave their living room, because they can communicate with all their Facebook, Twitter, Snapchat, Skype, and Instagram friends without moving... a great struggle for all teenagers today.

Now I'm not going to say that I'm anti-technology or social media, as like every other 17-year-old, I have an account for pretty much everything listed above, getting my daily dose of annoying Facebook game requests, as well as strangely entertaining Snapchats.

Although, what I do have an issue with is when as a group of friends we go out, and there is someone on their phone the entire time,

most likely on Facebook, talking to someone who isn't there.

Putting aside the fact that I too am addicted to Facebook, I would rather be out with friends in the flesh instead of socialising with them through a computer or phone screen.

In my opinion, technology today has created unsociable and lazy teenagers, knowing that they have access to anything that they need with a push of a button, whether it be communicating, researching, or entertainment.

Despite the constant research going on into the harm which technology creates, and the suspicion it's the foundation of our unsociable society, if anything we as humans are actively encouraging it. As a child, I would spend the majority of my time nagging my mother to let me go outside until she did.

Today, however, children would much rather be indoors on their parents' iPad or phone, with apps specifically downloaded for them.

Yet people complain

that adolescents today are the culprits of this technology-based crime, when as a matter of fact, they too are encouraging this behaviour. It frustrates me seeing three and four-year-olds running around with their mother's iPhone in one hand and their father's iPad in the other!

There have now even been developments which let a parent attach an iPad to their toddler's stroller. Is this really what we want to allow to happen to the future generation? Not appreciating the technology we have, but instead being raised to see it as the norm and essential to function?

How do we expect as a community to change this kind of behaviour if all we do is encourage it? I reiterate, the last thing I am is an angel when it comes to technology and social media as a whole.

However, surely we should set limits as to when we should be on our phones, and at least make an effort as a society to go out, turn them off, and interact with other people?

However, despite this

constant research, many of the younger generation don't believe technology or social media poses a threat in the community and therefore continue to use it every day, viewing it as more of a benefit in life.

Angharad Evans (aged 17) explains: "Technology and social media has more benefits than drawbacks and people do over react to it, it is essential in all aspects of life in today's society."

However, she also admits that risks such as cyber bullying is a big issue today. Emily March, also 17, furthermore supports this view: "Social media is the perfect way to stay in touch."

From personal experiences, my closest friend moved 4,000 miles away, and I would never have stayed in contact with her the way I do if it wasn't for social networking.

When I met up with her after five years, we didn't feel like strangers and it was a lot easier to pick up where we left off."

Emmi Khan: "Personally, I don't live

a single day without using social media".

Another 17-year-old, Ellie Sheard, also supported social media by suggesting: "I think it is becoming part of day to day life now, people use it for almost everything,

communication, research etc."

Obviously, technology and social media has its strengths such as being able to communicate wherever and whenever, and its weaknesses – potential cyber bullying and creating an

unsociable society.

So the big question is... are we over reacting as a society about the harms of social media?

Or is it really becoming an issue in today's world?

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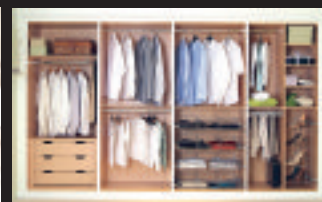
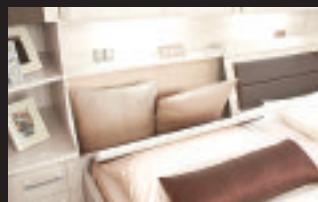
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WARTIME WEEKEND PROVES A TRIUMPH, AND RED ARROWS PROVIDE SPECTACLE!

THOUSANDS of people flocked to Barry town and the Island over the weekend to enjoy the Wartime Weekend.

Organised by the Barry Tourist Railway, and local history group Barry at War, the event featured displays to show the last 100 years of the area's wartime history.

As you can see from Glyn Evans' photographs, the entertainment was non-stop thanks to the historical re-enactors and the tourist railway.

The appearance of the legendary Red Arrows in their Hawk fighters thrilled the crowds shortly after midday on Saturday.

There will be more pictures of the Wartime Weekend in The GEM next week.

PHOTOGRAPHS by GLYN EVANS

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Readers' Letters

Please keep your letters BRIEF and address them to: **The Editor, Don John, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email gemeditorial@tindlenews.co.uk**

LETTERS AND E-MAILS MUST INCLUDE FULL ADDRESS AND A CONTACT TELEPHONE NUMBER.

IMPORTANT: We reserve the right to edit all letters. We do NOT accept anonymous mail. An email address alone is not sufficient! We will (in certain circumstances) protect a writer's identity, if requested.

NHS - VIEW FROM ENGLAND

HAVING read last week's issue of **The GEM** (which my Mum saves for me!) I am interested to know if Mr G Smith has had experience of the NHS in England.

Originally from Barry, I have lived in Manchester for almost 20 years, therefore had the pleasure of being treated by the English NHS several times. My GP practice is very large and although it has recently taken on a practice which closed due to the GP retiring, I can ring the surgery after 8:30am and speak to a doctor by 9:30am; if necessary I will have an appointment the same day.

I saw my GP on October 2 with a knee problem, referred to a consultant of my choice at any of three hospitals and seen on October 22. I had an MRI scan 10 days later and the results on November 5.

My operation took place on February 20 which was slightly delayed due to having twisted my knee badly. Can Wales NHS match this? I don't think so!

I also know of a cancer sufferer who came to Barry from England and it took over two months for him to be seen in Cardiff, he was not given

Weycock Cross would be 'tragic loss to green belt'

THE need to protect the area of natural beauty at Weycock Cross against the proposed development by Taylor Wimpey plc for 200 dwellings and associated works, is essential for many reasons.

This green belt area is a beautiful gateway into Barry and a rich habitat for wildlife. Any proposed development of this land will be a tragic loss to all who care about their environment.

Approaching Weycock Cross roundabout from Five Mile Lane, especially at peak times, can be fraught with danger! (Having commuted daily for 35 years, I certainly know this!)

One has to be rather quick to exit onto the roundabout in the direction of Pontypridd Road to avoid traffic flow from the right. I have witnessed many near collisions when cars then decide to pull into

Weycock Cross petrol station.

Increased traffic flow from the proposed development will obviously increase this danger.

The proposed development will exacerbate the contentious issue regarding traffic flow to Cardiff Airport.

In the article, 'Cardiff Airport Chief Standing Down', The GEM, August 28, Jon Horne stated that "the challenge for the next person in the role, will be to deliver a wider range of routes to make Cardiff Airport more attractive." The existing route is without problem at present.

How ironic that this article appeared in the same issue as Taylor Wimpey's planning application. Such development will only have a detrimental effect upon traffic flow to our airport.

Let Taylor Wimpey seek to build on available brown sites. Don't let them, Vale Council, decimate our heritage.

Bev Jones, Barry.

Dog poo bags

WITH reference to recent correspondence in **The GEM**, I totally agree that the owner is fully responsible for the cost of dog waste bags.

However, Mr Williams was acting as a responsible dog owner by requesting dog waste bags and this should be acknowledged. Many dog owners make no attempt to clean up after their dogs.

When I look after my daughter's dog, I use food recycling bags which many dog owners make use of. I suggest Mr Williams uses these in future.

I would also suggest the council cancel all free dog waste bags as five bags is of no use to anyone. Jane Harding, Barry

anywhere near the standard of treatment that he had previously received in England. As much as I would like to come back to Wales to live, I am not willing to be treated in this way by the Welsh NHS. The sad thing about this is that I am a retired district nursing sister trained in Wales!

Ruth Wellstead (Mrs) SRN BTTA DND (retired).

Do we really need Nato?

WHY do the Nato leaders need such a large wall to 'protect' themselves? If these world 'leaders' really are working on behalf and with their citizens, surely they would be among us shaking our hands and we would be waving flags, pleased to greet them.

Why do 150 delegates require 10,000 police officers, some armed with guns, to protect them? Why do they need to stop tens of thousands of people from earning a living, crippling our economy still further? Why do they need to stop children gaining their education and why do they need to undermine people's health by preventing operations being carried

out at the capital's largest hospital?

Who is this conference really benefiting and why are we, the people of Wales, letting them get away with such a blatant waste of our resources?

Nato really does need to take a long hard look at itself. It has moved a long way from its motivations aiming to keep peace after the Second World War. It has now developed a 'protectionist' policy supplying and using 70 per cent of the world's weapons.

No wonder it has to barricade itself into places. In recent times, it has been directly or indirectly responsible for the deaths and displacement of millions of human citizens.

Do we need an organisation like this in our beautiful country? Glyn Pooley, Barry.

So grateful for Porthkerry Park

TWO years ago, when I moved from Cardiff to Barry I was delighted to find beautiful Porthkerry Country Park on my doorstep.

The park includes meadows with many wild flowers, deciduous mature woodland with blankets of bluebells and orchids, too - lovely ponds where local schoolchildren can pond dip, and, at the end, the sea!

I am sure many people from Barry and from further away very much appreciate the park. I was so impressed that I have now joined the volunteers helping to care for the park and the flora and fauna within it.

My thanks to all those who work to keep this park special.

Alison Palmer, Barry.

Poppy Appeal 'thank you'

THE World War One centenary service held at Holy Cross Church on August 3, has produced a big bonus for the Poppy Appeal.

The Rectorial Benefice of Cowbridge (Holy Cross) very kindly donated the church collection made at the service to the Poppy Appeal, and the proceeds of over £600 have set the 2014 appeal off to a flying start. May I offer a very big 'thank

you' to all who contributed?

The Poppy Appeal fortnight this year commences on October 25 and, hopefully, with even more generous donations from people of the Cowbridge area, we can make this centenary year a record year.

Additional collectors are always welcome - so if you are able to help, even for just a few hours, contact 01446 774306.

David Howell, Cowbridge, Hon Poppy Appeal organiser.

Out and About with The GEM

AM's surgery

THE Vale AM, Jane Hutt, will be holding a surgery on September 5 at Trinity Church Hall, Trinity Street, Barry, from 4pm-6pm.

Valeways walks

HERE are the Valeways guided walks for September. You may encounter stiles, uneven surfaces, steep sections or soft, wet ground on some walks except the 'Coffee Shop Strollers', which is an easy walk up to one hour, accessible to all.

try Park outside the visitor centre, CF64 5UY.
On September 7 at 2.30pm, 'Vale Villages',

starting at St Michael's Church, Colwinston, SS 939754.

On September 9 at 1.30pm, 'Valley and Coastal Vistas' starting at Dinas Powys Common opposite Twyncyn, CF64 4AS.

On September 10 at 10.30am, the coffee shop strollers meet at Romilly Cafe, Cold Knap, Barry, CF62 6SW.

On September 11 at 10.30am, Nature Reserve, starting at the car park opposite the Blue Anchor, Aberthaw, CF62 3DD.

On September 14 at 2.30pm, 'Bryniau Parc Slip Hills', starting at Parc Slip Nature Reserve, Tondur, CF32 0EH.

On September 16 at 9.30am, 'Avn am Dro', starting at Cowbridge Library, CF71 7AH.

On September 17 at 10.30am, the coffee shop strollers meet at Cosmeston Country Park outside the visitor centre, CF64 5UY.

On September 21 at 2pm, 'The Ancient Equinox', starting at the parish noticeboard above the A48 Tumble, The Downs, CF5 6SB.

On September 24 at 10.30am, the coffee shop strollers meet at Romilly Cafe, Cold Knap, Barry, CF62 6SW.

Advice surgery

LABOUR councillors for Dyfan ward in Barry, Anthony Powell and Claire Curtis, will hold an advice surgery on Saturday, September 6 in Highlight Park Community Centre, from 11am to 12pm. No appointment is necessary.

Autumn Sounds' coffee morning

AUTUMN Sounds is performing at a coffee morning in Llantion Hall on September 6 from 10.30am-12.30pm.

Everybody is welcome; £1 entrance fee.

Fibromyalgia support

THE next meeting of the Vale of Glamorgan Fibromyalgia Support Group is on Tuesday, September 9 at 11am - 1pm. Call 01446 733315 for details.

Call to audition

YOUNGSTERS from the Porthcawl area who have that special star quality are encouraged to

go along to the Grand Pavilion Theatre,

Porthcawl to audition for the Christmas panto. This year's show will be *Aladdin*. Children between the ages of 9 - 16 are invited on September 10 at 4pm for 4.30pm start.

The show runs from Friday, December 12 until January 4, 2015 and tickets are already on sale at the Grand Pavilion.

Dyffryn opens up to public

AS part of Open Doors Wales, Dyffryn Gardens is throwing open its doors to the public for free on September 13 with the theme of 'green living'.

Said Gwenno Griffith, visitor experience manager, Dyffryn Gardens, National Trust.

"It's a wonderful opportunity for people who wouldn't normally visit us to see the house and gardens. With 55 acres of gardens to discover it's a great place to relax with family and friends away from the city."

"Hopefully, we will be able to inspire some people to save energy too." The gardens are open from 10am to 6pm and the house will be open from midday to 4pm.

Age Connects' coffee morning

AGE CONNECTS (formerly known as Age Concern) Western Vale Good Neighbour Scheme will hold a coffee morning on Saturday, September 13 at Cowbridge town hall's lesser hall from 10am - 12pm.

Admission is £1.50 which includes coffee, tea and biscuits. Variety of stalls, home-made cakes, tombola and a raffle.

Proceeds go towards the Good Neighbour Scheme, and in part to help fund the annual Christmas party for older people in the Vale.

Tickets from Age Connects' office in Commercial Street, Llantwit Major, or on the door.

If anyone wishes to contribute raffle and tombola prizes or would like to donate, please

Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D842.

● £2,000: 580431.
● The rollover, which now stands at £500 was won by 797222.

● £10: 198502, 624298, 109495, 241027, 807303, 540374, 673455, 532976, 253726, 135743, 641022, 756977, 736200, 614652, 476858, 756230, 193254, 530710, 241419, 124952.

● £5: 788087, 556922, 257158, 750917, 719679, 440068, 688451, 856347, 868469, 708126, 848034, 589362, 968275, 215139.

731360, 716690, 596166, 764677, 466621, 287349, 293208, 967427, 649127, 596832, 154763, 250984, 440597, 282755, 693175, 891825, 826086, 833717, 845173, 337571, 389863, 891677, 244260, 424754, 877439, 252931, 555822, 186779, 918408, 482111, 573629, 765490, 286954, 644442, 202712, 116795, 960608, 259181, 174024, 133012, 839952, 287566, 563223, 793752, 82, 93.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2053 2300.

Final countdown to music festival

COWBRIDGE Music Festival is poised to celebrate its fifth birthday next week with another exciting line-up of musicians and the promise of two weeks of world class music.

The festival opens on Wednesday, September 10 with a concert of well known pieces by Tchaikovsky and Bach for string orchestra given by the Festival Camerata.

The next day, with the intriguing title 'One Carry-on Bag Only', crazy comic and virtuoso pianist Hyun-ki Joo will perform a 'handbag' of humorous songs, interspersed with classical pieces at Cowbridge School Theatre.

Back in the church, on September 13 sees the return of the great Welsh

pianist Llyr Williams to perform Haydn, Schubert, Liszt and Schumann.

The annual showcase for young artists is on September 14. Tenor Elgan Llyr Thomas is joined by soprano Menna Cazel Davies in a programme of songs, arias and duets.

On September 18, violinist Alina Ibragimova and the Chiaroscuro String Quartet, give a concert of Mozart and Haydn.

King Candy and the Sugar Push arrive for a jazz evening at Cowbridge School Theatre on September 19 with vocalist Kate Mullins of the Puppini Sisters.

To round off the festival on September 20, a concert given will be given at the church by the leading brass ensemble, Septura.

Penmark's 7th music festival

FOR yet another great day out for all the family, come along to Penfest - Penmark's Music Festival - on Saturday, September 6.

Tickets are £10 for adults and £5 for children including a pork bap, salad and home made dessert, and free car parking. We have a great line-up of bands, including Scot Hawtin, Malbrodop, Andy Johnson, Jimmy Elvis, Quincy And Tambo and The Pokeys.

There are some trade stalls, a cash bar all day and a cash barbecue in the evening. If it rains (but it never has, and the forecast's good this year) we've got covered seating, so do come along and enjoy yourselves.

PENFEST 2014
Penmark's 7th Music Festival

SATURDAY 6 SEPTEMBER

TICKETS £10.00
(including lunch - Pork Bap, Salad and Homemade Dessert)
Children (u12) £5.00 (under 2 free)
Available from The Six Bells, Penmark (01446 710229) Phil Rogal (01446 710451) Gavin Davies (01446 710669) or from www.Penfest2014.Yolasite.com with PayPal

PERFORMERS INCLUDE
Penmark Bell Ringers Dave Bowen
Barry Brass Band Jimmy Elvis
Scott Hawtin Quincy and Tambo
Andy Johnson Andrew Matthews
Malbrodop The Pokeys

In the Orchard behind the Church
Gates open 12.00 noon • Festival ends 11.30pm • Lunch 3.00pm to 4.00pm • Raffle • Trade Stands • Cash Bar for Drinks and Snacks • Cash Barbecue from 6.00pm • Toilets • Free Car Parking • Covered Seating in case it rains (but it never does)

Sponsored by The Six Bells, Broradio & Tesco
Acts Subject to Change - Profits in aid of Village Hall Funds

contact coordinator Gary Bohun on 01446 795549.

Adults only pantomime

BRIDGEND Castle Players will present their latest production: *Jack and the Big Stalk* adult-only pantomime, written by MRAD Productions, at various venues this month.

It follows Jack the Lad, his family of troublemakers, friends and girlfriend as they try to sell the family cow for food.

There will be 7.30pm performances at the following: September 19, Llanharan RFC; September 20, Cefn Cribwr Community Centre (the Green hall); September 21, Aberkenfig Welfare Hall; September 27, Bettws Social Club; September 28, Sarn and Bryncwils Social Club. Tickets are £5. Contact website www.bridgendcastleplayers.org. As the production is strictly for over-18s, anyone who looks under 25 must produce proof of age (driver's license or passport).

RYA DAY SKIPPERS AND YACHT MASTERS THEORY COURSES

Come to **BARRY YACHT CLUB** Nr Jacksons Bay, Barry.

All levels of knowledge and experience catered for.

Course includes: Position Fixing, Magnetic Compass, Tides/Tidal Streams, Lights, Buoyage, Pilotage and more...

Day Skipper course starts 22nd September.
Yacht Master course starts 24th September

For details or to register please call Ray Brown on 01446 737663 or 07780 762605

ENTERTAINMENT

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THURSDAY & SUNDAY NIGHTS

Saturday 6th September
TONY SCOTT
Vocal Entertainer

Saturday 13th September
DONNA VEE
Vocal Entertainer

Saturday 20th September
CHRIS KAVANACH
Vocal Entertainer

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Sunday
DARTS COMPETITION

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GEM

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You will find the answer in that week's GEM which is available online and in print every Thursday.

Inbox us your answer and contact details. Competition closes at 5pm every Monday.

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Look What's New in Aberkenfig!

LOCAL girls Lindsey Jenkins and Victoria Parish opened The Village Sewing Shop in July at 67, Bridgend Road, Aberkenfig.

They are open on Friday and Saturday from 9am – 4pm, and by pre-booked appointments on Sundays and evenings.

Lindsey explained: "With my 20-year experience from bridal to curtains, I have been fortunate enough to work for a couple of well-known

designers (no name dropping!). I can tackle any challenge that is brought to the shop."

Victoria added: "We are also able to produce bespoke wall art and canvases for nurseries, schools and play areas."

"We are really excited about the arrival of 'Michael Miller' fabrics, suitable for quilting and dressmaking, making us the only stockists in the area."

For appointments or queries contact Lindsey or Victoria.



- Clothing Alterations • Michael Miller Fabrics
- Made-to-measure Curtains • Roman Blinds
- Bespoke Wall Art & Canvases
- Wool & Haberdashery

Open Fri & Sat 9am-4pm, Sundays & evenings by appointment

For appointments or any queries contact:

Lindsey 07711055803
or Victoria 07578141839

67 Bridgend Road,
Aberkenfig, CF32 9BG

Laugh, Smile, and Learn a language!

CAFFE NERO has combined with Ellementor to launch a 15-week conversational Italian learning experience at their Cowbridge branch, beginning on September 25.

Ellementor is run by Helen Ashley, a language teacher who has lived in Europe, travelled extensively and possesses a language degree.

Helen explained: "This exciting

new venture was launched to remove people from the staid classroom environment and provide a learning experience within relaxed and authentic surroundings.

"Ellementor's strapline of Laugh, Smile and Learn, outlines our vision – with the emphasis on empowering people with the confidence to hold native conversation while on their travels."

For further information, email ellementor@hotmail.co.uk.



Beginners Italian Conversational Course

Enlist on a beginners conversational Italian course beginning Thursday 25th September at 7pm.

Caffe Nero Cowbridge have teamed up with Ellementor to provide this opportunity to learn the language of love, adding culture to your next Italian venture, whether it be a long weekend in Venice, a Roman holiday or Tuscan adventure. It will run for 15 weeks and will be led by a fluent Italian speaker.

Register your interest with Caffe Nero Cowbridge staff today, alternatively email your interest to ellementor@hotmail.co.uk. Numbers will be limited allowing the opportunity to maximise and enjoy this unique learning experience.

This is a great opportunity to **enjoy a new cultured experience** with friends in an *authentic and relaxed* environment...

Where will it take you?

"Nothing is impossible, the word itself spells I'm possible"
Audrey Hepburn

Please call **Helen Ashley** on 0771 849 8951

GEM ADVERTISEMENT FEATURE



In Business Update



Can your household make changes?

VALE of Glamorgan residents have a black bag collection on

alternate weeks and Wayne Allen is keen that we all divert as much material as possible

from landfill and recycle them instead.

Could your household make manageable changes? For example,

if you were to empty the contents of your black bag, how much of it would be paper, glass, cans, card, plastic, drained aerosols, foil,

cartons, garden waste or food waste?

All these items can be recycled conveniently from your home; while batteries, oil, metal, clothes and plastics can also be recycled at Vale household waste recycling centres.

Cabinet member for the environment and visible services, Coun Rob Curtis explained: "All reported incidents of black bags placed out for collection on the wrong day will be investigated."

"Offenders who persist in flouting the law risk a penalty notice."

What's in your bin?

Tel: 01446 700111 Email: visible@valeofglamorgan.gov.uk

Our Recycling Team put the **SPOTLIGHT ON**



Recycle as much as you can so we send less to landfill...

www.valeofglamorgan.gov.uk/recycle



Wayne Allen

LIVEN UP YOUR AUTUMN WITH A WARM WELCOME AT ST DONAT'S ARTS CENTRE

AUTUMN is here, but please don't

get ready to hibernate away! Instead, join us at St Donat's Arts Centre for what promises to be a busy and enchanting programme of live performances, cinema screenings, and community events.

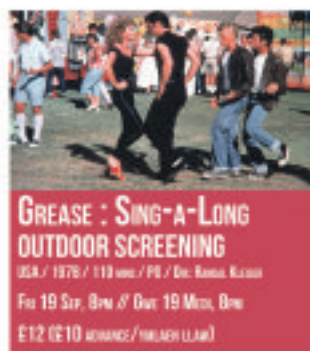
Some of this season's concert highlights include Beverley Craven on September 17, Dean Friedman on October 10, and Bach on November 20.

And if you fancy singing along to your favourite classics, you won't want to miss our outdoor screening of *Grease* on Friday, September 19, set against the stunning backdrop of St Donat's Castle.

You can always be assured of a warm welcome here at St Donat's Arts Centre so come and enjoy your favourite artists up close and personal in our very special and intimate venue.

For more details, and to book tickets, please check our website www.stdonats.com or call 01446 799100.

SEPTEMBER // MEDI



TICKETS // TOCYNNAU

£5.50 (£4.50 advance/ymlaen llaw)

NB: Advanced = any time before the day of the screening.
DS: Ymlaen llaw = arafywr bryd cyn diwrnod y dangosiad.

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GEM ADVERTISEMENT FEATURE



In Business Update



Are you a Parent or grandparent?
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to spare?

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and help a local family



Home-Start volunteers offer support, friendship and practical help to families, providing a life-line for parents finding it hard to cope.

We will provide free training and regular support...
...and you could use your new and existing skills to make a difference to a local family.

Volunteer training starts in October 2014

For further information, please contact Jackie on
01636 668111 or email: homestartbridge@btconnect.com

Home-Start will undertake an enhanced Disclosure & Barring Service check on all potential volunteers.
Registered Charity No. 1107574; Company No. 5298333.



The new Community Shop, Aberkenfig

WE are located on Aberkenfig High Street and sell good quality ladies', men's and children's clothing, linen bric-a-brac, books, DVDs and CDs.

Proceeds from the shop will fund a 'Christians Against Poverty' debt

centre, which people living in the community will be able to access.

Donations of goods to sell in our shop are welcomed and appreciated. The storehouse project is a new venture where local churches in Aberkenfig work together to benefit the surrounding community.

For further information, contact Karen Thomas at The Storehouse.

The Storehouse Community Shop

(On the Junction near Bakers DIY Store) Bridgend Road, Aberkenfig

- Low Priced Recycled Goods
- Ladies Mens & Childrens
- Good Quality Clothing
- Beautiful Bed Linens
- Bric & Brac
- Books, DVDs and CDs
- Pictures, Lampshades
- Donations Gratefully Received

Opening Times

Mon-Thurs 10am-4pm, Sat 10am-1pm

Charity No: 1051945 Aberkenfig Ministries

Simon's 'Memory Walk'

A COWBRIDGE resident is taking part in a walk aimed at raising funds for a charity committed to tackling dementia.

Simon Wales told The GEM: "I will be completing a 15 - 20 mile 'Memory Walk' on Saturday, September 13 for the Alzheimer's Society who lead the fight against dementia.

"I have done this before and raised £200 in 2012.

"I will be going again with my boy hound Bailey who is well known and loved in Cowbridge!

"He loves it and is still raring to go at the end, although my joints may

disagree! The walk is along the Taff Trail in Cardiff and we set off near Sofia Gardens.

"The money we raise will fund the care and support services for people with dementia and help towards research towards finding a cure once and for all.

"If you would like to donate you have three options: I have a 'Just Giving' page on the internet at www.justgiving.com/simon-wales1. If people prefer to donate to me directly they can contact me on 07920 262563, or you can e-mail me at simonwales54@btinternet.com."

Simon's mother Nancy died from a dementia-related illness in 2007.

YOUNG PEOPLE REVEL IN A LOCAL SUMMER CAMP



Some of the young people who received their certificates.

DURING the summer holidays, 54 children and young people aged between seven to 12 enjoyed four separate two-day camps at Coastlands Family Church and Buttrills Community Centre in Barry.

Focusing on healthy living and increasing participation in exercise,

each child and young person took part in a range of activities, including sports, cooking and crafts.

Two further family days were held for the children who attended the camps, where they were presented with participation certificates in addition to getting to meet a range of animals including lizards, tarantulas, mice and more provided by the Nearly Wild

Show. Adele, Community Wellbeing Coach for Barry Communities First, said: "It was great to see so many children having such a positive attitude towards physical activity, especially those who don't regularly participate in sports clubs.

"I would also like to thank our six volunteers who gave up their time to support the camp."



Group climb raises £1,300 for Velindre

AS a group, we travelled up to north Wales to climb up Snowdon - in aid of Velindre cancer centre in Whitchurch, Cardiff - an amazing centre that's provided invaluable care and support for our family members during recent times.

Two members of our group walked the Pyg track to the summit of Snowdon, and the other four members of the group took the daring climb along the Crib Goch, submerged in a thick cloud with an ever-changing

climate - rain, hail, sunshine and winds of 30 miles an hour.

Meeting at the top, we celebrated with a much-needed hot chocolate and then having very windy, wet group photos at the top!

Together, we have raised in excess of £1,300. A wonderful time was had by all and we are so grateful for all who supported and donated to Velindre cancer centre, so that it can continue to do excellent work in the fight against cancer.

Richard Ingram, Christina Hill, Debbie Jeffs, Rob Jeffs, Andrew Jeffs, and Sarah Jeffs.

Maendy YFC - a new year, new challenges!

AS the dawn breaks on a new year for Maendy YFC, prospective new members together with current and past members, are invited to Cowbridge Rugby Club on Tuesday, September 9 at 7.30pm for an evening of games and ice-breaker challenges.

During the evening, you will have the opportunity to meet new people with similar interests, learn what YFC is all about, and discover what the forthcoming year holds in store! And in case you were wondering - you don't have to be a farmer to be in Young Farmers!

If you are aged between 10 and 26, and seek a diverse organisation - look no further! Maendy YFC encourage members to get the most out of YFC through competitions, developing new skills, gaining invaluable training, helping your local community and making friends for life.

Maendy YFC chairman, Miss Heather Jarvis, said: "The club is vibrant and enthusiastic and always offers a warm welcome. It is run by the members for the members. This way, we feel everybody is a part of club life and the younger members can rely on the older ones for experience and guidance."

Maendy YFC recently held its AGM, where the following appointments were made for the forthcoming club year: Mr Richard Western, re-elected as president; Miss Heather Jarvis, newly appointed as chairman, with her sister, Miss Beth Jarvis, appointed as club secretary. Miss Jodie Williams will keep track of the meetings as minutes secretary.

For further information, contact club chairman, Heather Jarvis on 07791 250916; visit www.maendy-yfc.com or email maendy.yfc@gmail.com. You can also follow Maendy on Twitter @MaendyYFC and 'like' the Facebook page.

Louise Evans

Ex-World War Two PoW camp opens its doors in Bridgend



ON the weekend of October 4 and 5, the Hut 9 Preservation Group in Bridgend will stage its annual Open Weekend, when the locked doors of the hut, which was the scene of the German Great Escape in March 1945, will be open to the public.

Members of the group dressed in period uniforms will give talks and guided tours inside the hut, which is usually closed to visitors. World War Two vehicles will also be on site.

The group has worked hard this year to kit out

several of the rooms as they would have appeared during the Second World War and last year's visitors will be able to see the extent of these improvements.

Entry is free, but donations to the Hut 9 voluntary group which is seeking to assure the future of the site, are welcomed.

Spaces on these free tours are limited. To reserve a space, book now. Email bookings are preferred - bridgendreach@gmail.com. Telephone 01656 815088. The website address is: <http://www.hut9.org.uk>.

JPH



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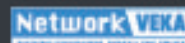
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Cardiff 02920 508770

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Sin City sequel feels underwhelming but still entertains...

WHEN Robert Rodriguez brought Frank Miller's noir-inflected comic book *Sin City* to the big screen in 2005 (with Miller as a co-director), it was one of the most stylish and atmospheric visual offerings the genre has thrown up to date.

Demand for a sequel has always been there, but it has taken until now to bring the pieces together in *Sin City: A Dame to Kill For*.

With Rodriguez and Miller again returning to the director's chair, it sees three stories bleed into one; we follow Dwight (formerly Clive Owen, now Josh Brolin) who becomes enraptured with femme-fatale, Ava (Eva Green), Joseph Gordon-Levitt's Johnny, who plays a mysterious gambler set on taking down his sworn enemy Senator Rourke (Powers Boothe) in a high-stakes game of life and death and Jessica Alba's Nancy, who is struggling to come to terms with the suicide of father figure Hartigan (Bruce Willis)...

Given the nine-year wait, expectations for this second slice of *Sin City* action were understandably high; that the end product feels a little underwhelming is more down to the fact that it is content to plough the same furrow the previous film followed rather than to try and reinvent the wheel – but given the tone, you can hardly blame it for that.

This certainly isn't a film that, for all its visual innovation, will gain many points for a revolutionary narrative; these are stories hewn from the noir cloth, full of guys, dames, guns, booze and wrongs to be righted.

As such, it delivers just what you would expect, with the twists and turns, coming from Frank Miller's source material, cleverly executed if not wholly

surprising. It's the visual element of the film that is most impressive, and the key ingredient, looking like the pages of Miller's novel have been stuck to the big screen.

Much of this comes down to the level of slavish devotion Miller and Robert Rodriguez (no visual slouch himself) pay to the source material; but while Miller oversees the transplant from page to screen, Rodriguez throws in the high-octane visuals – the violence cartoonish but tinged with realism – the film having as much of his personality as Miller's.

The stories themselves make for a satisfying watch, enlivened by impressive turns from actors not really straying too far from their perceived personalities.

So we get Josh Brolin playing serious and intense while Eva Green takes great delight in essaying a throwback femme-fatale, all buxom allure and breathy voice.

Joseph Gordon-Levitt channels a slick operator as the perpetually lucky Johnny, while Powers Boothe consumes the set as the deliciously evil Rourke; while Jessica Alba shows she's an impressive dancer with a lithe body, but still an actress of limited means as the troubled Nancy.

Mickey Rourke casts a shadow over all of the stories, and yet again comes up trumps even if his performance lacks the punch of his first time around. The main issue is that while none of the performances are particularly awful (Alba's is the poorest on show by some distance), they feel all so familiar that there's nothing particularly fresh about them.

The first film impressed mainly through its visual style, dressing up its bare bones narrative, but also impressed with the likes of Elijah Wood and Nick Stahl offering turns that skewed the perception of



by **GARETH JAMIESON**
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them (the latter a particularly hateful character); but there's none of that here unfortunately, and it's what makes *Sin City: A Dame to Kill For* something of an underwhelming

proposition. While it's entertaining enough doing exactly what you would expect of it, a little bit more flair and injection of the unexpected would have made it feel far more exciting.

VERDICT: Lacking the impact of its progenitor, *Sin City: A Dame to Kill For* is a stylish, if lacklustre offering that feels not quite worth the nine year wait. While Robert Rodriguez and Frank Miller offer a visually impressive work, with stories dripping in noir and claret, the typecast performances add to the feeling of 'same again' that depending on your love for the first one will be either a blessing or a curse. Average.

SEE THIS IF YOU LIKED: *Sin City* (2005), *From Dusk Till Dawn* (1996).

News from the Fonmon Apiary

ALTHOUGH autumn is upon us, the weather is still providing the bees with lots of opportunities to be out and about.

All colonies that were supposedly under my control proved not to be so, the need for room within several hives was not responded to in time and as a consequence, swarming took place.

This solved the room requirements for the bees and provided a lesson for the beekeeper.

The splitting of a colony sees the old Queen depart with a goodly number of bees from the hive.

Left behind is a colony reduced in size, but with the prospect of a new virgin Queen emerging and order restored once more. However, several of these swarmed colonies have just not progressed as they should have done.

What has gone wrong? When the old Queen departed, eggs, larvae and sealed brood that she had provided were there and, in due course, they developed into bees.

Our new virgin Queen should by this time have flown out of the hive and gone on her mating flight. On her return as a mated Queen, she should eventually begin to lay eggs and bring order and stability to the colony, this has not happened.

For whatever reason, we now have a colony of bees with no Queen. There are no eggs available for the female worker bees to utilise and start the process of producing another Queen.

What has occurred is that the unmated female

worker bees have laid eggs; if a Queen were present this would not occur. All of these eggs are going to develop into male bees (drones) and the colony is doomed.

Why? Because male bees do not go out foraging, they do not have the ability to produce wax and build comb and they have no stinging with which to defend the colony.

Their sole purpose in life is to mate with virgin Queens. The beekeeper can, and sometimes does, intervene and provides a ready-mated Queen.

That is another story and will be explained in a future article.

So not meeting the bee's requirements brings about disorder within a colony and dismay to the beekeeper.

All in all, things have gone quite well this year. Honey is there for me to utilise, as well as the bees.

Of particular note – one swarm call-out proved something of a challenge! It turned out to be a colony of bees and not a swarm. This colony was a swarm initially, but it had stayed put in the trees where it landed and proceeded to set up home there.

A vast amount of comb had been produced all attached to the branches and fully exposed to the elements. Lots of photographs were taken and it is my intention to use these in a future article and to explain how the collection and transfer of the bees to a proper hive took place.

The season is not yet over, and who knows what will occur before it is over?

Harold Williams



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Happy 275th birthday!



THREE members of the Paget Rooms Monday tea dance who have received flowers to celebrate their birthdays – Mrs Bernice Davies (94), Mrs Iris Mills (101) and Mrs Sheila Evans (80).

All About You there is success!

ALL ABOUT YOU in Holton Road, Barry, are celebrating their first year and would like to thank their clients for helping them to make the salon a success.

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Introducing the Inman Aligner...

UNTIL now, the alternatives to straightening front teeth involved either long and expensive orthodontic treatments, or destructive and expensive restorative treatments – such as veneers or crowns.

Even ultrathin veneers involve heavy reduction of natural teeth when used to align crowding or protrusion. But with the arrival of the Inman Aligner, all that has changed.

It is a cost-effective removable orthodontic appliance that moves teeth in a fraction of the time of other systems.

It aligns crowded or protruding anterior teeth with two opposing spring loaded aligner bars.

This provides gentle but continuous pressure over a large range of movement.

Surprisingly, this gentle pressure is the quickest way to move teeth, but it

also makes treatment very safe and kind to teeth. People love the speed of treatment and it's changing the face of dentistry as we know it.

The average treatment time is only four to 16 weeks, and now with concerns over economy, it's a more justifiable expense.

Only certified Inman Aligner dentists can provide this, and Dr Owain Joynson of Porthkerry Dental Centre has achieved this certification.

Dr Owain Joynson said: "The Inman Aligner is the greatest innovation in dentistry of recent years. It's fast, affordable and kind to teeth. It really is the best way to straighten crowded front teeth."

This popular treatment has proved to be extremely successful.

For further details, please visit www.porthkerrydental.co.uk. To book an appointment, contact Porthkerry Dental Care on 01446 735395.

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"The Inman Aligner was so fast and so comfortable, I honestly couldn't believe it... brilliant!"

Slimming expert promises a slimmer Christmas 2014!

PEOPLE in Llantwit Major can look forward to a healthier, happier Christmas and New Year, says Helen Waite, who runs two Slimming World groups.

People who embark on diets fail within days or weeks because they follow plans that are too restrictive and leave them feeling hungry or deprived so they're impossible to keep up.

But Slimming World Food Optimising plan is a diet and you don't have to count and measure everything you eat. Instead, by satisfying your appetite on everyday foods like fruit and veg, pasta, rice, potatoes, lean meat and fish, it's possible to lose weight without ever having to go hungry or feel deprived.

All members will get the food optimising pack, free access to our online website and support of highly-trained consultant Helen.

She says: "I've lost weight myself with Slimming World, so I know exactly what it feels like – from feeling nervous about walking into the group on that first day – through to the joy of reaching your weight-loss target."

"Everyone in the group is there for the same reason – to lose weight and become happier and healthier – and each week we help and support each other by sharing advice, ideas, tips, recipes and more."

Anyone who would like to join the Llantwit Major group can pop along every Tuesday at the Catholic Church, Ham Lane East at 9.30am, 5.30pm or 7.30pm; or for more information, call Helen on 01446 750738.

Souls Awakening for fantastic event!

THE Vale's premier Mind, Body, Spirit Souls Awakening returns to The Memo, Barry, on Sunday, September 14 for another fantastic event.

It will be showcasing over 40 stalls, offering an array of holistic therapies – including reflexology, Indian head massage, amethyst bio-mat, crystal therapy, reiki, bamboo massage, clairvoyant, tarot and oracle readers, palmistry, foot reading,

psychic artistry as well as aura photography, spiritual gifts, crystals, books and much more...

A wonderful day for all the family offers free talks, including Himalayan singing bowls, meditation, harnessing positive thinking and connecting with your spiritual gift.

Free children's crafts and new extensive cafe. Come along and treat yourselves. An event not to be missed!

Contact Emma Jones on 07591 659015, blakey73@hotmail.com or find the event on Facebook.

Souls Awakening Mind Body Spirit Event



Sunday 14th September 2014
Memorial Hall & Theatre
Gladstone Road
Barry, CF62 8NA
10 am – 5 pm

Holistic Therapies, Natural Health & Organic Produce, Clairvoyants and Tarot Readers, Crystals, Jewellery, Aura Photography, Spiritual Gifts, Arts & Crafts, Reiki & Crystal Healing, New Improved CAFE and much more....

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Health, Beauty & Fitness



Fontygary Club welcomes you!

WITH the kids back in school and time on your hands, why not join us at the Bay Health and Fitness Club in Fontygary Leisure Park?

With no contract to sign, it is easy to just pay over the counter each month – there are no hidden charges!

This gives you the flexibility to come and go as you please (we also offer a pay-as-you-go facility). We have a separate free weights room – a fully equipped gym with vibration (like the celebrities use), a lovely relaxing leisure area complete with Jacuzzi, sauna and steam room and a 25m indoor swimming pool.

If you have never used a gym before, you don't have to feel intimidated as our staff are on hand to show you exactly how each piece of equipment works. We offer a warm welcome to everyone. Don't take our word for it – why not come down and see for yourself? (or call Jennie or Mark on 01446 710386).

Remember Fontygary Leisure Park is completely open to the public!

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Jennie on 01446 710386
or why not just pop down and have a look around? We are confident that you will like what you see...

Bring this advert with you - NO JOINING FEE!

Zumba Gold for feelgood factor

ZUMBA GOLD targets the largest growing segment of the population – baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle.

What stays the same are all the elements the Zumba Fitness Party is known for; the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere.

Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule.

Zumba Gold is the perfect fit. It's a dance-fitness class that feels

friendly, and most of all, fun.

We have many stories to tell now we are celebrating two years on in Barry, where ladies' osteoporosis has improved, with weight loss, anti-depression, more movement, can climb stairs without getting out of breath... the list goes on. It's very rewarding seeing all my ladies and gents laughing and having fun, having a better quality of life, it's a real pleasure.

This is priceless for me to know that we are making a big difference to many people's lives.

Come and join my lovely ladies and gentlemen in the first Zumba Gold classes in Barry.

Zumba Gold gives you the feelgood factor, guaranteed to have a giggle, releasing the feelgood endorphins.

It's good for most conditions, giving you more flexibility, strength and stamina.

It's never too late to enjoy a fitter lifestyle, whatever your age.

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Llanrumney British Legion

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Highlight Park
Wednesday 10-10.45am
Sully BP Club
Wednesday 11.30am-12.15pm
Highlight Park

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GOOD quality sleep is vital to your health and well-being – lack of sleep affects many areas of your life and often results in mood changes, anxiety, short temper, lethargy and poor motivation.

It can lead to exhaustion and can affect your ability to cope with life. What's more, with serious sleep disorders, such as insomnia, the inability to sleep can become an obsession, thus exacerbating the problem.

A short amount of sleeplessness can happen to any of us and usually results in tiredness.

However, if the sleeplessness gets out of control then this can lead to serious health and social problems.

Hence, it is so very

important that you take care of your insomnia, initiating at the earliest so that it does not become a threat to your existence.

If you suffer from insomnia: difficulty getting to sleep, waking up in the middle of the night, waking up too early or difficulty waking up – Solution Focused Hypnotherapy may be able to help.

Using techniques from cognitive behavioural therapy; Neuro-Linguistic Programming and Solution Focus Brief Therapy, Sue Pitman can work with you to help resolve the issues which can lead to sleep disorders, and restore good sleep patterns.

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Health, Beauty & Fitness



Pilates returns with a bang!

PILATES classes return with a busy schedule this September. Thursday morning sees two new Pilates classes beginning.

The 10am class is a gentle class for beginners and improvers. At 11am on September 11, a new six-week introductory course starts ideal for those with little or no experience of Pilates.

With another five classes to choose from for beginners, improvers

and intermediates, there is plenty of choice.

All classes are led by qualified Pilates teacher Sharon Sylvester, who is also a local osteopath.

Sharon explained: "Pilates is a gentle form of exercise for the whole body that you can take at your own pace, focusing on both stretching and strengthening the body, to improve balance, strength, flexibility and posture."

For more information, or to book your place, contact Sharon on 07830 085606, or see www.barrypilates.co.uk.

Romilly Osteopathy & Pilates Clinic

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Time	Monday	Tuesday	Wednesday	Thursday	Friday
6am	Bootcamp	Legs of Gold	Metafit	Kettlebell Bootcamp	House Circuit
9.15am	Metafit	Abs & Arms	Kettleercise	LBT	Urban Rebounding
10am		Metafit	Metafit	Metafit	
1pm	Swiss Ball	Urban Rebounding	Circuits	Tone & Strength	Kettleercise
4pm	Kids Boxfit	Kids Multifit	Kids Rebounding	Kids Multifit	
5.30pm	Core	Bootcamp	Metafit	Metafit	Metafit
6pm			Urban Rebounding	Urban Rebounding	
6.30pm	Metafit	LBT	Boxercise	Abs & Arms	
7pm	Urban Rebounding				
7.30pm	Kettleercise	Boxercise	Kangoo	Kangoo	
8.15pm			Ab Attack		

Saturday 9.15am Metafit • 10am Urban Rebounding

Sunday 10am LBT • 5pm Metafit

Unit 2c and 2d, Palmersvale Business Centre, Barry CF63 2XA
For more info: www.cardiocorefitness.co.uk Sarah: 07943 825 499

Fitness classes for all at Cardio Core

MANAGING DIRECTOR of Cardio Core fitness, Sarah Cayton, has been in the fitness industry for over 10 years and has a wealth of knowledge and vast variety of fitness qualification.

From the success of launching on her own, Cardio Core centre now has a range of experienced trainers, including Ben Thomas, known for being a fitness guru; Taylor Harding, our very own professional footballer, with abs of steel - his core classes are one of our most popular classes; Janine D'arcy who is the queen of Legs, Bums and Tums - and Michelle Hunt, another of our experienced instructors known for her fast-paced workouts.

Aaron Davies, our new Boxfit instructor, has years of experience boxing and is known for his hardcore boxing sessions - a must try.

For our beginners and intermediates, we have the lovely Becki Hill and Hayley Ryan who teach our Kettles and circuits.

At Cardio Core we offer a range of

different classes suitable for all ages and abilities. We are open from 6am till late and hold an open gym from 10am till 4pm every day.

We also offer kids' classes Monday to Thursday - free to all members and only £3.50 to non-members.

We are the only place in Barry to offer pole dancing for beginners and intermediates.

We also have a 'refer a friend scheme' - sign up a friend for October, November and December, and you will each receive half price membership of £13 each for these three months (one friend per member but tell your friends to bring a friend!)

First class is free to all new starters (except pole dancing).

Check out our Facebook page Cardio Core, follow us on twitter@cardiocore_fit, email info@cardiocorefitness.co.uk or call 01446 732820/07943 825499.

LIVE A LIFE OF ADVENTURE with Maria Leijerstam

Double world record holder Maria Leijerstam from the Vale, founder of the Burn Series of multisport events and qualified personal trainer, inspires you with a weekly column on simple family sporting adventures in the beautiful countryside of south Wales. Maria will guide you on how and where in your area you can combine sport and fitness into family fun.

THE first week back at school can be an emotional time. Parents are delighted while children are either eager to see their friends or dreading the fact that GCSEs are coming even closer.

Coupled with the arrival of world leaders from 28 countries attending the Nato summit at Celtic Manor, which seems to be impacting on many of us in the Vale, this could be a chaotic week.

Sport and exercise is a wonderful way to relax. Just giving yourself 30 minutes a day will have a profound effect on your health, lifestyle and mental composure. I



have also found it a very useful way of giving myself time to consider my options. It was back in 2010, when I cycled the length of New Zealand, that I developed the concept of the Burn Series of Multisport events from the seat of my bike.

It may be worth noting that even world leaders give themselves time to participate in sport.

Barack Obama has been devoted to the game of basketball for over 40 years.

David Cameron runs around London parks twice a week and we all know about Boris Johnson's interest in cycling.

Closer to home in the Vale, Alun Cairns MP completed the London Marathon.

Why not make this coming week an activity-filled one and take on the following challenge. Just before

your evening meal every day aim to run three kilometres while your child cycles next to you urging you to go faster.

This should take between 15 and 25 minutes and will not only give you a great workout, your child will also be burning off the post school excitement.

This method also helps to build a good bond of support, encouragement and trust between you. Make sure you note your time so you feel the sense of achievement as each day you run a little faster.

FOOTNOTE
This column is provided for idea purposes only.

Always check with your doctor if you have any concerns about your health prior to embarking on any form of physical activity, and always let someone know where you are going.

The GEM newspaper and Multisport Ltd are not responsible or liable, directly, indirectly or consequentially, for any form of damages whatsoever resulting from the use (or misuse) of information contained in or implied by the column.

'RHOOSE LIBRARY IS UNDER THREAT'

THE initial proposal by the Labour and Llantwit First administration running the Vale Council to downgrade several libraries, did not include Rhoose. However at the last minute Rhoose was added to the list.

Rhoose library is the busiest of the rural libraries with two dedicated librarians working part time to keep it open 27 hours a week.

Rhoose has grown considerably from what was once a small village and continues to grow at a steady pace with sites allocated for further 750 houses, but the library service has not kept pace with the growth.

Instead of threatening to downgrade Rhoose library with losing its two librarians, it would have been better to augment the two members of staff with volunteers in order to open it for longer hours.

Many people from Rhoose and surrounding villages and hamlets make good use of the library and it also provides computer access for all ages and also to the job centre which is vital for the unemployed especially our young people.

The library is next door to Rhoose Primary School and is an essential resource



Couns Clarke and James outside Rhoose Library.

facility for its pupils. The librarians work closely with the school and also with Llanarfan Primary School.

While we can all appreciate the need to make savings, priority needs to be given to learning opportunities for people of all ages. It is essential that professional service is retained at Rhoose library.

There will be a formal consultation process and we will let everyone know when that happens. When that starts, we will invite people to write or email and make sure you let the cabinet know that they must save Rhoose library.

If people have already written, they will need to write again in the consultation process because Coun Neil Moore, the Leader of the Vale Council, has advised in writing to residents that all correspondence so far sent to him will not be considered.

He has stated in his letter to residents...

- SAY COUNCILLORS

"Therefore, unless comments are given within the formal consultation process, they will not be considered."

So much for respecting people's views. This important matter transcends politics and we are both determined to fight this proposal and with your help we can succeed.

Coun Jeffrey James and Coun Phil Clarke, Rhoose ward.

BIG FILL

THE Big Fill will be in Barry's Court ward on September 13 - 14 and Castleland ward on September 27-28.

To report a pothole, call the Vale Council's contact centre on 01446 700111, or email thebigfill@valeofglamorgan.gov.uk.

Society's AGM
THE Barry and District Chrysanthemum Society's annual meeting is on September 23 at 5pm.

It be held at Salem Baptist Church Hall, Beryl Road, Barry.

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Young Motion dancers excel at Glasgow championships

SEVENTEEN dancers aged nine to 16 years from Vale-based Motion Control Dance, travelled to Glasgow to represent Wales at the UDO World Street Dance Championships recently.

All "performed exceptionally well" in their divisions against dancers from across the globe.

The under-10 Juvenile team were very successful in the first round, going straight into the final, in which they achieved fourth place in the beginners section - after having to re-perform their piece due to a technical fault.

Jasmin Miller also performed very well on the day to be awarded sixth place in her under-

10 solo.

"Thank you to all the dancers and parents for all their support during this three day competition. A big thank you goes to Olivia Shouler and Yazmin Harcourt, for their wonderful choreography and hard work with both Juvenile and ERA in preparation for prestigious event," a spokeswoman said.

Motion Control Dance will be enrolling for the new term on September 6 at Barry YMCA from 10am-12pm.

For more information, contact dance co-ordinator Emma Mallam on 07725038778 or visit our website www.motioncontrol.com



ABOVE: The team celebrate their success at the recent championships.

Paul's winner

PAUL Moloney, stable jockey to Llancarfan trainer Evan Williams, landed the 'Win A Mini Handicap Chase' at Cartmel on August bank holiday Monday on the Williams-trained Going Concern.

The seven-year-old, which carried top weight of 11st 12lb, won by one-and-a-quarter lengths from Endeavor at odds of 5-2.

However, Aberthin's Tim Vaughan was out of luck in the opening Sticky Toffee Pudding Novices' Hurdle. His Always Archie was made an odds-on favourite but was beaten a length by 16-1 chance Volcanic Rock.

BRIAN LEE

Who wants to build what, and where?

Vale of Glamorgan Council - extension for new bedroom and bathroom accommodation.
Oakfield Primary School, Gibbonsdown, Barry - Erection of new two storey primary school building with associated playground, lighting, sprinkler tank and landscaping.
Mr Roger Thomas - The Coach House, Bonvilston - Use of outbuildings as a separate dwelling.
Hafod Housing Association - Site to rear of Tesco Store, Mariner's Way, Rhosce - Proposed development of six flats and two houses, with associated parking and amenity space.
Mr and Mrs Chris Trigg - 1 Croft Gardens, Sully - Two storey side extension for new bedroom and bathroom accommodation.
Mr Howard Blackwell - Ty Groes, Heol y Mynydd, Southerndown - Two storey and single storey rear and side extensions and front porch.
Mr Barry Thomas - 31 John Bachelor Way, Portway Marina, Penarth - Proposed first floor balcony.
Mr and Mrs Protheroe - Heathcliffe, Clive Crescent, Penarth - Demolition of existing bungalow and construction of one replacement dwelling.
Mrs Gaynor Millar - PW Millar Ltd, 148 Port Road East, Barry - Grey cladding to building.

Badminton teams ready for new season

VALE badminton club continue to play in the competitive Cardiff badminton double league.

During the year the Vale club managed to field three men's teams, a ladies and a mixed team in various divisions. The season has been less successful than in previous years, with victories being hard earned and the coming season will be

one of consolidation with opportunities for both ladies and men to join the club and play competitive badminton doubles.

The club plays at 7.45pm on Tuesday evenings in the Cowbridge Leisure Centre, further details can be found on the club website or by telephoning 01656 766967.

AE

Ploughing match

ON Sunday, September 14, the Vale of Glamorgan Ploughing & Hedging Society will be staging their annual ploughing match at Tyn y Caeau Farm, Marcross CF61 1ZG, by permission of Mr John Evans and family.

This year, for the first time, teams of horses will be seen on the field and vintage tractors and ploughs will also be competing alongside modern tractors with multi-furrow ploughs. In addition, the Fergusson Club will be

staging the European T.20 Ploughing Championship consisting of tractors and ploughs produced prior to 1956. The Fergusson Club will be holding their annual photographic competition open to all (Only photographs taken on the day of the match will be accepted.)

Refreshments will be available throughout the day. Car parking will be free and the entrance fee at the gate will be £5 for adults; children and society members will be admitted free.

Further information can be obtained from the Chairman, Andrew Studley, on 07980 921990. **BG**

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Captain's day supports charity



The winning pair, Pat Regan and Stuart Cleverly, receiving the prize from club captain Ken Howells and the main sponsors.

THE captain's charity day at Wenvoe Castle Golf Club is one of the big events in the busy calendar but this year again exceeded expectations with over 180 entries from golf clubs throughout the region taking in a fun golf day but with the overall aim of raising funds for the captain's nominated local charity, Wooden Spoon.

The Wooden Spoon was founded in 1983 and since then has been making a difference to the lives of disadvantaged children and young people. Supported by our volunteer committees and their great fundraising ideas, we make sure that all the money raised stays in the local community to fund local projects.

The overnight rain gave club captain Ken Howells a sleepless night but it soon gave way to excellent weather and the well-drained course was in superb condition. The special event also included an impromptu display by the Red Arrows which added to the great atmosphere throughout the day.

The event was boosted by the generous sponsorship by Club

Choice Ireland and Treacy's Hotel Spa and Leisure Centre who provided the three main prizes in the form of golf package holidays to include accommodation, golf and return ferry crossings.

During the course of the round players took on challenge after challenge with the opportunity to pick up a prize for nearest the pin at the three par 3 holes, target golf on the 12th fairway and finish with nearest the pin with the second stroke on the testing 18th hole. This exciting finish was watched by the ever increasing audience on the club's panoramic patio, raising ironic applause as the approach shot slid past the 'nearest' mark.

Thanks to the generosity of local businesses and club members sponsors there were some excellent prizes on offer and this extended to the raffle which was very well supported. The final positions were so close and the first three places had to be determined on count back:

Winners - Pat Regan & Stuart Cleverly, 45pts (24pts on back 9), runners-up - Mark Weaver & Dave Thomson, 45pts, third place - Craig Miller & Terry O'Grady, 45pts, (19pts on back 9), fourth place - Mike Sutton & Gareth Owen, (Neath) 44pts, fifth place - P. Torkington & R. Hutchings, (Tredegar &

Rhymney) 43pts, (22pts on back 9), sixth Brian Morris & Seamus Gately, 43pts, (21pts on back 9), seventh Rob Picton & Steve Nicholls, 43pts, (19pts on back 9).

Every competitor had the opportunity to go home in a brand new car for a 'hole in one' and some came extremely close but took the consolation of a prize for being nearest the pin; nearest the pin on 2nd hole - Pip Smith, 1.72m, nearest the pin on 9th hole - Billy Harrington, 50cm, nearest the pin on 15th hole - Pat Regan, 1.25m, nearest the pin in two shots on 18th hole - Pat Regan, 21cm. Winner of putting challenge - Rob Campbell, winner of chipping challenge - Mark Gallivan, after a draw involving Barbara Beedham and Mike Froud.

Club captain Ken Howells was clearly delighted with the support he had received on the day and gave particular thanks to the sponsors. He was grateful to everyone who had entered a team in the competition and those who had given so generously throughout the day. The day had certainly exceeded his expectations and the funds raised would make a significant contribution to the work of the Wooden Spoon charity.

The captain also thanked the head green keeper and his team for their efforts in presenting the course in superb condition especially considering the overnight rain. He expressed his appreciation of the service provided by the staff throughout the day particularly Nicola Sims (club secretary), Simon Gatheridge (steward) and the catering and bar staff.

Special mention was made of the efforts throughout the day of the club professional Jason Harris and the club members helping at registration and as starters on the first tee.

Larry Byrne, on behalf of the main sponsors, complimented the club on the organisation on the day and looked forward looking forward to further involvement in supporting competitions.

A truly remarkable day and the real winners were the Wooden Spoon with a significant boost to their funds. Well done Wenvoe Castle - more of the same next year. **BJ**

Rhose pick up point and make progress in the Cup

RHOOSE were held 1-1 at Windmill Lane, Llantwit Major last Wednesday (August 27).

Following on from the reverse fixture at Jenner Park a week earlier, the match turned into an attritional affair early on with Llantwit doing their utmost to spoil Rhose's slick passing game and smooth running style.

However it was the away side who took the initiative with a brilliantly worked goal finished off by Nathan White following good approach work by Rhose skipper Drew Fahiya.

However, the away side were still admiring their good work when a seemingly aimless Llantwit long ball somehow evaded the otherwise solid Rhose defence for Llantwit to slot home, and that's how it stayed, with the home side settling for a draw.

RHOOSE FC 7 CARDIFF HIBERNIAN 2

Rhose progressed to the next round of the Welsh Cup in fine style with a comprehensive win against South

Wales Amateur League side Cardiff Hibernian at Jenner Park.

The Vale side were off the mark as early as the sixth minute with a well taken goal from top marksman Jacob Daley. Further goals followed at regular intervals, again from Daley, Drew Fahiya (2), Nicky Davison, Matthew Phillips and Nathan White.

Rhose also took the opportunity to introduce their promising young players into the fray, with Lloyd Allen and Curtis Searle making their competitive debuts for Rhose as second half substitutes along with club stalwart Sion Anstee.

Rhose FC: Cohen Riella; Gianluca Palladino; Matthew Phillips; Michael Osborne; Oliver Dalton; Jacob Daley; Nicky Davison; Jemel Easter; Joseph Hinds; Drew Fahiya; Nathan White; Sion Anstee; Martyn Giles; Lloyd Allen; Mike Lewis; Curtis Searle; Russell Stark; Ryan Allen.

Rhose travel to Treharris this Saturday to face Treharris Athletic Western in the Welsh League Division 3. **AP**

Scorpions are cruelly denied

HEROICS in the last 60 seconds at Ifley Road turned a draw into a win for Oxford against South Wales Scorpions in a game where anyone could have taken the spoils, the final score 29-22.

Oxford took the lead after winning a penalty on Scorpions' 20-metre line. Rory Sharratt went over from dummy half and Jimmy Rowland converted.

Scorpions were soon level. After winning repeat sets, Harrison Elliott stormed over and Paul Emanuelli added the goal.

The normally reliable Sean Morris almost gave away a try at one end, then fumbled the ball as he was going to score at the other, but his team-mate Andrew Hoggins made up for that with a stunning try, picking up the ball near to the half-way line and weaving through half of the Scorpions side to score. Rowland goaled again to put the home side 12-6 up.

Scorpions hit back; following an Emanuelli 40-20 then a penalty from the scrum, Lloyd O'Connor also scored a classic hooker's try, diving over from the

dummy half position. Emanuelli converted and the sides went in level after the referee controversially blew for halftime despite Oxford having played the ball before the hooter sounded and when they were 20 metres from goal.

Early in the second half, a fine run and try from Ian Newbury, converted by Emanuelli, put Scorpions in the lead for the first time.

This time it was Oxford who drew level as Matty Hadden ran through with Rowland again good with the boot.

A good passing move set up youngster Paul Edwards who ran through to score with seven minutes left on the clock. Emanuelli missed the kick.

It was left to Oxford to keep their heads and claim the spoils. They won a penalty on the half-way line and after a healthy kick, Marcus Brooker scored in the corner.

Rowland missed the kick, but Sam Blaney chased a hopeful kick and outran his markers to get the final try which Rowland converted to the joy of the home fans. **IG**

FINALS DAY AT THE ROMILLY BOWLING CLUB

ROMILLY Bowling Club held their finals day on Saturday with eight men's games taking place in four sessions, with the women sharing the green to play their six finals.

There were concerns on whether the games would take place due to the heavy rain the day before and during the early hours of Saturday but the green showed no sign of lying water and was presented in perfect condition having been cut in readiness for the 10am start.

The first session consisted of three finals the Tim Evans Trophy the Mottram Cup watched by Dennis Mottram, whose father gave the cup to the club, and the men's two wood pairs.

The Tim Evans was fought between two in-form bowlers George Trepleton and Graham Cogbill and at five ends the scores were level but over the next eight ends Trepleton turned the screw with some consistent bowling and scored 12 shots without reply.

Cogbill then scored a single on each of the next two ends but Trepleton hit back with a two and a three to lead 20-5. Although Cogbill won the next four ends Trepleton sealed the victory with a single on the 22nd end to win 21-10.

The Mottram Cup contested by Rhodri Phillips and Jeff Coles was a hard fought affair with the scores level at end 15, 12-12. The match began to swing in favour of Phillips who won four of the next five ends to move 17-14 ahead. Phillips continued the pressure over the final few ends, scoring four shots to two to win the game on the 24th end, 21-16.

First year bowler Dave Phillips joined Tony Freeman to play Alan Bannister and Phil Gershenson in the two wood final played in two sets of seven ends.

The first set began with Bannister and Gershenson taking an early lead 6-2 but Phillips and Freeman fought hard scoring three shots on ends six and seven but to no avail, losing the first set 6-5.

In the second set Phillips and Freeman went into a three shot lead but Bannister and Gershenson scored seven shots over the next four ends to seal victory with their opponents unable to gain enough shots on the last end, leaving Bannister and Gershenson winners

two sets to nil.

The second session consisted of two games, the two wood singles and the two wood triples. The two wood singles involved Brian Foscolo and George Trepleton and once again the in-form Trepleton ran out an easy winner, 15-6.

The 15 end two triples was between Gary Eastment, Rhodri Phillips and Bryn Gough and the triple of Len Jones, Phil Gershenson and Graham Cogbill. The game was another hard fought affair but the triple skipped by Cogbill always held the upper hand, winning by a comfortable 16-11 even after dropping six shots on the last three ends.

Session three included the men's handicap final with Jeff Cole receiving a five shot start from Graham Cogbill. The first 10 ends went in favour of Cogbill who lead 12-8; by end 15 the lead had increased to 17-11, ends sixteen and seventeen again went Cogbill's way scoring three more shots to lead 20-11. With Cogbill requiring just one more shot, Coles through caution to the wind and with some excellent bowls started to claw back the deficit by scoring eight shots to get to within one shot at 20-19.

The next end proved to be the last but not without more excitement as Coles was holding one shot and had one wood left to draw and hold game, but failed in his attempt.

Cogbill had one wood left and with the score standing at 20-20 he bowled the perfect wood to touch the jack, making a three to win an exciting final.

Session four contained the men's fours and the Club Championship; the fours was played between the rinks of Colin Davies, Rhodri Phillips, Brian Cheal and Mike Doyle, and Jeff Coles, Gary Eastment, Ray Hewitson and Alun Bryan, with the Championship involving Mel Newman and George Trepleton.

The fours started

with Bryan's rink taking an early advantage and at five ends held a 4-2 lead, but Doyle's rink fought back well and took the lead going into 10-5 lead by end 11; but concentration appeared to wane on end 12 when dropping a five allowing Bryan's rink to draw level but Doyle's rink recovered to score a 1-2-2 on the final three ends to secure the win, 15-10.

The Club Championship was eagerly awaited by club members and they weren't let down as both players played some excellent bowls to keep the game close with Trepleton leading by just two shots at the 10th end.

This increased to four shots by the 15th end; Newman managed a single on the next end to reduce the score to 13-16 but with Trepleton taking a single on each of the next four ends the score stood at 20-13 in his favour, requiring one for the Championship.

But that is when the fighting qualities of Newman came to the fore, bowling some brilliant pressure bowls, scoring a two on each of the next four ends for a fantastic win, 21-20.

Congratulations to all participants for making the finals day exciting, especially the winners, with special mention and well done to Jeff Coles, Rhodri Phillips and George Trepleton, three players who took part in three finals apiece on a green although looking pristine, playing exceptionally heavy.

All Romilly members wish good luck to 2013 Romilly singles champion Graham Cogbill who plays in the Champion of Champions final on Friday at Cefn Cribbwr. **FP**

Bowls open day

MURCH Bowling Club at Sunnycroft Lane, Dinas Powys, are offering another chance to anyone thinking of taking up outdoor bowls next season.

There will be an opportunity on Monday, September 8, from 3pm, for anybody who is interested in giving it a try, and also to enjoy the pleasant surroundings of our clubhouse before the end of the current season.

If you would like any further information, please contact our secretary Eileen, on 02920 515568 or our president, Roger, on 02920 513459.

EC

Athletes flood to Barry for the 'aquathon'

CARDIFF Triathletes and the Vale Council will host the first Barry Island Aquathon on Sunday, September 28.

It involves a 650m open water swim in Whitmore bay, followed by a 5km scenic run along the Wales Coast Path.

Cardiff Triathletes' chairman, Claire Manson, said: "The golden sandy beach, sheltered bay and beautiful coastline makes this a very inclusive and spectator-friendly event that we hope will attract both first-time and regular multi-sport

competitors. The event will be family friendly and provides a great opportunity to see the recent developments to the area."

Coun Gwyn John, cabinet member for leisure, parks, culture and sport development said: "We are delighted to work with the Cardiff Triathletes to hold Barry Island's first Aquathon in September and we hope to develop the event into a full triathlon for next year."

Online entries for the Barry Island Aquathon are being taken at www.entrycentral.com, or by emailing vicechairman@cardifftri.org for more

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Red Admiral team win top skittles tournament

BARRY'S biggest skittles event of the year took place last week at the Railway Club, Broad Street.

Men's and women's skittles teams from all over Barry contested the Olga Collins Memorial open skittles tournament on Thursday, August 28.

At the end of an evening of keen competition, the winners were The Red Admiral ladies team.

The runners-up were the Sour Six mixed team.

Top scorer for the ladies was Karen Dutton, who played for the Odd Bods; top scorer for the men was Neil Cordy, who played for Sour Six.

The losing semi-finalists were The Twilights and The Guardian Angels.



The victorious Red Admiral ladies' team.



ABOVE: The Sour Six were runners-up.



LOCAL CLUB HELPS RAISE FUNDS FOR YOUNG ALFIE

JUNIOR students from local Tae Kwon Do School, JSTKD Martial Arts were guests of Cardiff International White Water (CIWW) in recognition of their support of the fundraising campaign, 'Walk with Alfie', which is a local charity set up to support Penarth 'toddler', Alfie Porter Smith.

Although Alfie was two years old in May, he is not able to toddle yet as he has a rare form of cerebral palsy requiring specialist therapy and treatment which falls outside the remit of what is available via the NHS.

JSTKD has its own charitable trust, the Jenny Schembri Foundation (JSF), which chooses a different good cause every year and then fundraises on behalf of that charity.

Club members, ranging in age from three years up to adults, support the chosen cause either by participating in various fundraising activities or by sponsoring those who are taking part.

The young students, who were generously invited as guests by CIWW, had been chosen as finalists in the JSTKD 'charity t-shirt competition'. Junior club members were asked to create a t-shirt that could be made into a 'real' garment to be sold to raise funds for Alfie's campaign.

The winner, Alan Li from the Dinas Powys club, has seen his design made into stylish t-shirts that have been made with the latest dri-fit technology.

Alan, along with the other finalists, Joshua Edwards, Menna Birmingham, Harri Birmingham, Rhys Doel, Caitlin Taylor, Joshua Solomon, Jake Hayvice and Cai Eastwood went along to the

CIWW to learn how to manoeuvre kayaks and rafts with skill, speed and precision.

After being kitted out in the wetsuits provided by the centre, they were allocated a knowledgeable instructor who took them through their paces including how to fall in the water safely, how to sit and stand on the boats and their favourite part, how to race each other as swiftly and skilfully as possible.

Competition winner Alan (14) was full of praise for their visit saying: "We had an awesome time at the centre, our instructor was brilliant and we had loads of fun. We'd all like to say a big thank you to CIWW for providing us with such a great prize".

To see the prize-winning designs or to purchase a t-shirt please visit jstkd.co.uk. All proceeds will go via JSF, to the 'Walk with Alfie' campaign.

VW

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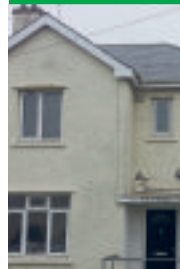
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 • Central heating
 • Double-glazing
 • Gardens
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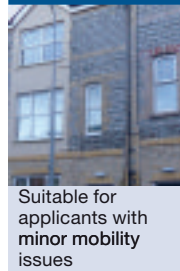
H4U Reference 248470
Suitable for a family meeting the maximum occupancy requirement
 • Three-bedroom house
 • Central heating
 • Double-glazing
 • Gardens
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LENNOX GREEN, BARRY

H4U Reference 214924
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 • First floor
 • Central heating
 • Double-glazing
 • Community alarm
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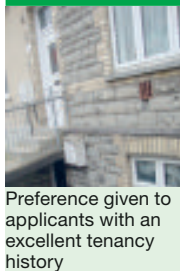
H4U Reference 248925
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 • Ground floor
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MAIN STREET, BARRY

H4U Reference 1116763
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POWIS VIEW, BARRY

H4U Reference 103591
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H4U Reference 252471
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 • Double-glazing
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H4U Reference 224876
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 • Double-glazing
 • Community alarm
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 • Community alarm
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You must be a HOMES4U member to apply for any of these homes.

When bidding for more than one property you will be asked to state your order of preference.

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D67



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D59



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F28



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C71



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D62



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D61



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D67



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E48



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D56



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E51



Matthew Road, Rhoose
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4/5 Beds, 3 Baths, No Chain
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C78

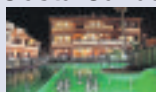


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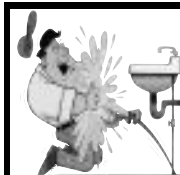
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Family Notices

POWELL

Anthony John

Betty and family would like to thank all who so kindly sent messages of sympathy and support during their recent sad bereavement. We were overwhelmed by the attendance at Anthony's funeral and of the donations received for Cancer Research Wales and the Penllyn Church Organ Fund.

Our thanks to the Doctors, Nurses and Carers, and to the Rev'd Edward Dowland-Owen for officiating at the service.

TEBBY

John Henton

Suddenly on August 19 at his home in Llantwit Major, John, beloved husband of the late Sylvia, dearly loved father of the late Robert, and brother-in-law of Peter and the late Ray Mayne. John will be greatly missed by all his family and friends.

Resting at the Private Funeral Home of W James & Sons, Fommon, Funeral Tuesday September 9, service 1.30pm at St. Illtud's Church, Llantwit Major, followed by cremation at Coychurch Crematorium, Bridgend at 2.45pm. Family flowers only may be sent to the Funeral Home, donations if desired to British Heart Foundation c/o Mrs C. James, 11 Fommon Road, Rhosce, CF62 3DZ.

FRANCIS

Glyn Royston

With grateful thanks to the following who were such a help and support throughout Glyn, my husband's illness:

The Princess of Wales Hospital Bridgend, Velindre Hospital Whitchurch Cardiff, Macmillan Nurses Merthyr Tydfil, Eryl Surgery Llantwit Major, The Staff of Boots Chemist Llantwit Major, Marie Curie Holme Towers Penarth, W.A. Brown & Son Funeral Directors for their excellent service. All those who sent sympathy cards and attended Glyn's funeral.

Lastly for the lovely service given by Canon David Brunning at St Illtud's Church, Llantwit Major.
Mrs Faith Francis & Family

THOMAS

Eunice

Eunice, of Dinas Powys died of heart failure on 16 August. She was 92. Ever her own person, loved and, as her late husband, George, knew, sometimes independent. Eunice will be very much missed by her children, Geraint, Catriona, Julien, Teresa and David, by her grandchildren, great grandchildren and other relatives in Wales and Australia, as well as by friends in the Catholic church, history society, Labour party and gypsy community.

Resting at Green Willow Funerals, 21a Station Road, Dinas Powys, CF64 4DE until a civil funeral service at Barry Crematorium, Port Road East, Wenvoe, at 2.15pm on Thursday, 11 September. Do wear clothes that she would have approved of. Family flowers only, please. A memorial book will be available at refreshments after the service. Donations, if wished, to Ty Hafan children's hospice may be handed or sent to the Funeral Director. Eunice's ashes will be scattered privately at the same place as those of her late husband.

LEE

Terence (Terry)

Peacefully on August 27 at Holme Tower, Penarth.

Beloved husband of Patricia, loving father of Victoria, Matthew and father-in-law of Alex. Elder brother of Philip and brother-in-law of Janice, Bonita and Robbie. Loving uncle of all his nieces and nephews. Terry will be sadly missed by all his family and friends.

Resting at AG Adams & Son Funeral Home, Gladstone Road, Barry, until the funeral on Friday September 5. Service in the chapel at 1pm, afterwards cremation at Barry Crematorium 2.15pm.

Family flowers only. If desired, donations may be handed to the Funeral Director after the funeral for Marie Curie Holme Tower, Bridgeman Road, Penarth.

HOPKIN

Beryl

Peacefully on Tuesday August 26 at the Manor House, St. Hilary, Beryl, formerly of St. Johns Close, Cowbridge, and of Maerdy Newydd Farm, Bonvilston, beloved wife of the late Alun (Hoppy), much loved mother of Peter, Jessica and the late Gareth, devoted grandmother of Camilla, Matthew, Charlie and the late Daniel, mother-in-law of Robert and Rita, grandmother-in-law of Catherine, great grandmother of Beth, sister of the late Madeline and sister-in-law of Ernest and the late Dewi.

Resting at the Private Funeral Home of W James & Sons, Fommon. Funeral Friday, September 5, service 2pm at Llanblethian Church followed by cremation at Coychurch Crematorium, Bridgend at 3.15pm. No flowers by request, donations in lieu, if desired, to British Heart Foundation or Tenovus, both c/o J. James, 11 Fommon Road, Rhosce, Vale of Glamorgan CF62 3DZ.

PALLAS

Sheila Betty

Sadly, and most unexpectedly, Sheila passed away peacefully on August 25, 2014 at Llandough Hospital.

She was much loved by sisters Miriam and Wendy, and sister-in-law Celia and Australian niece and nephews, and families. Brother-in-law Adam, nieces Julie, Cerian and Bethan, great niece Lucy and all their families.

Resting at AG Adams & Son Funeral Home, Gladstone Road, Barry until the funeral on Saturday September 6. Service and committal at Cardiff and Glamorgan Crematorium, Port Road East, Barry, where family and friends please meet at 12 noon. Family flowers only, donations for Ty Hafan.

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Wendy Short

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LOOK WHO'S 21

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on 6 September

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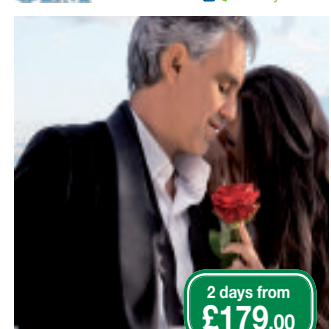
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Mum, Dad, Bethan,
Jasmine & all the
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Cadoxton 'A' side end with a flourish!

CADOXTON'S 'A' side saw out the season with a flourish, losing by just two shots overall to Millwood 'A' in the side's final CML5 match.

Howard Hellyar's rink maintained a high performance throughout, picking up a splendid four to win their game, having led from the third end.

Carpenter's rink held their opponents to a 16-16 draw with low-scoring ends on both sides. Despite a bit of a midway rally, Ivor Robertson's rink went down to a consistent Millwood side, while Alex Turner's rink, although picking up a four and a three along the way, couldn't get the better of a determined opposing team and lost out by just two shots.

Scores: D Fanning, H Craven, D Hammond, A Carpenter 16 - 16; S Clements, I Heppenstall, K Cowling, I Robertson 13 - 23; G Powell, D Evans, G Davies, A Turner 20 - 22; J Stacey, E Heppenstall, M Curtis, H Hellyar 23 - 23; final score 72 - 74.

CADOXTON MEN V CADOXTON LADIES - TOM HOLMES CUP

The annual fixture was played without the pressure of league matches.

The outcome was the pleasant ambience of a nice sunny afternoon with the outcome a win for the men.

CADOXTON V BLAENRHONDDA

This final game for

Cadoxton which was arranged for last Sunday was called off for the second time by the opposition, and is now rearranged once again for Wednesday evening.

FINALS DAYS

On Saturday there were four finals contested. All of them had close finishes, which gave enjoyment to the numerous spectators, more exciting.

The championship was played between two of the club's leads, Rob Byrne, who was in his first year, and Jim Stacey in his fourth year. However the standard of play belied their inexperience.

Rob trailed in the early stages with the score at 9-5 against after nine ends. The gap was still four after 16 ends. The game changed in favour of Rob after scoring a '4' to bring the scores level.

Although Jim regained the lead with two singles, Rob refused to give in and came back with two '3's and a single, which left him requiring just one shot.

Jim fought back more with a '2' and '3' to level the game once more. The next and final end went in favour of Rob, after 25 ends of tense play.

The handicap was another fairly close result with Steve Clarke meeting Gordon Davies. The score was very close during the first eight ends with Gordon holding a one shot advantage. Steve then had a good run of five ends, opening a gap of six shots.

Gordon broke the run with a '2' but only managed another single

during the following four ends. This left him nine shots adrift with Steve needing just one shot. A revival saw six shots scored before Steve got the winner.

The Two Bowl brought another new bowler, Paul Swannick, in his second year, up against old timer John Jones. Another tight affair ensued with Paul scoring seven singles and a '2', against two '2's and a single to hold a 4 shot advantage.

John came back with two more '2's a single to take the lead. Three more singles regained the lead for Paul to hold a two shot advantage with one end left to play. A single on the last was not enough for John.

A '4' opened the score in favour of Karl Cowling and Alex Turner playing against Roy Harding and David Evans in the Pairs final. The score continued to rise in their favour with two '3's a '2' and a '6', while four '2's were scored against.

With a lead of 19-8 after 10 ends they were firm favourites to become successful in the competition. However, Roy and David had other ideas and after scoring a '4' on the 14th end a steady reversal in scoring took place, with David outplaying Alex who was showing signs of tiredness.

This upsurge continued until on the penultimate end they were just one shot behind. In another tense finish the reversal was completed with a two on the last to make another last end success.

The Triples took place on Sunday. The teams were David Fanning, Phil Ellis and Len Davies against Paul Swannick, Karl Cowling and Gordon Davies, all members of this rink making their second final appearance, but only Paul was successful on his other appearance.

Unlike the close games on Saturday this was a one sided affair with the rink skipped by Gordon Davies picking up shots on regular occasions.

There were good heads built throughout the game with some excellent bowling from both sides, but the end product went the one way end after end. Only four ends were successful for the Len Davies rink, and the game was curtailed with two ends left due to the large difference.

Due to injury to Jamie Ferguson, his opponent, John Jones was given a walkover in the Jack Hartman trophy.

DK

Schools take part in hockey festival

Pupils line up for a series of seven-a-side hockey matches.



PUPILS from Romilly, Palmerston, Sully, Llangan, Pen-y-Garth and St Baruc recently gathered at Bryn Hafren Comprehensive School for seven-a-side hockey matches.

The teams were joined by Coun Gwyn

John, Judith Powell, the Vale hockey agent, and Richard Jones, Hockey Wales regional delivery manager for south Wales.

The festival was part of Sport Wales-funded Dragon Sport, a national scheme administered locally by the Vale Council's Sports Development team, and aims to increase the number of seven to 11 year olds participating in sport.

For further details regarding opportunities for children to join hockey clubs in Barry, Cowbridge and Penarth, contact the Sports Development team on 01446 704795.

BARRY FAN REMEMBERS THEIR HISTORIC GAME IN LITHUANIA

PLAID CYMRU councillor Ian Johnson sponsored the matchball for the recent Vale derby between Barry Town United and Dinas Powys - in celebration of the 20th anniversary of the club's famous first away match in European competition.

It was 20 years ago on Monday, August 25, that Barry Town played their first away game in the European Cup Winners' Cup - facing Lithuanian opponents, Zalgiris Vilnius, from the then-recently dissolved Soviet Union.

Barry Town had qualified for the competition after beating Cardiff City 2-1 at the old Cardiff Arms Park in May 1994, crowning a season where they were also promoted to the Welsh Premier, then called the League of Wales.

Barry Town became the first British club to play in the newly independent Baltic country, and 47 fans travelled to the match by bus across Europe, their progress being tracked by Interpol. Unfortunately, the match itself ended in a heavy 6-0 defeat at the hands of the former Supreme Soviet club but many happy memories were made - and a club fanzine, edited in his younger days by Coun Ian Johnson, was titled '38 Hours from Vilnius'

after the epic non-stop return trip to Barry.

Coun Johnson said: "The trip to Vilnius was a fantastic experience for everybody who spent the best part of a week travelling beyond the old Iron Curtain and into the former Soviet Union - a first for almost everybody.

"The game had a disappointing ending, but Barry Town learnt a lot from the experience and came back stronger into Europe two years later, beating Latvian and Hungarian teams before being edged out by Aberdeen at Jenner Park.

"With the current management team and structure in place at Barry Town United, I hope that the club can reach the Welsh Premier and be back in Europe again in future, and good luck to all Vale football and sports clubs in the 2014-15 season."



PICTURED (left to right): Coun Nic Hodges, James Dixon - scorer of Barry Town United's opening goal against Dinas Powys, Coun Ian Johnson and Barry Town United manager, Gavin Chesterfield.

'Commonwealth Games' for families in Barry



THIS picture was taken in Barry recently when more than 500 young people and adults gathered for a sports and play family fun day, run by the Vale Council's sports development team at Kings Square and Central Park.

The event had a 'Commonwealth Games' theme, and included badminton, athletics, table tennis, basketball, volleyball and target throwing games.

Medals were awarded, along with a certificate and prize.

Send your sports reports to us - email: gemeditorial@tindlenews.co.uk

Wales to be based at the Vale Resort



PICTURED: Paul Beddoe, sales and marketing director of The Vale Resort and Robin McBryde, Wales Assistant Coach.

PHOTOGRAPH: WELSH RUGBY UNION

THE Vale Resort will be a team base for Wales and France during the pool phase and knock-out stages at Rugby World Cup 2015.

Warren Gatland, Wales senior team head coach, said: "We are delighted to confirm that Wales will be based at The Vale Resort and London Irish RFC during next year's tournament."

Below par Saints still manage a win

BARRY Saints maintained their 100 per cent start to the season with a 6-3 victory over John Davey Builders.

Saints took the lead with Darren Townsend breaking through one on one after a great pass only to find his shot saved well by the Builders' keeper. Unfortunately, the ball bounced back to the striker and then ricocheted off him and bounced towards the empty goal to break the deadlock.

The score was soon level when the Builders continued to force the game and the midfielder slammed a shot home from the edge of the box.

Saints restored their lead through Michael Evans who

found space after some great work from his teammates to finish well inside the box.

Townsend then added another, and his second of the game, after some great work beating his marker and firing a shot toward goal which was helped in by the Builders' defender.

The Builders grabbed their second straight from a corner kick which somehow beat the Saints keeper despite the protests that the ball never crossed the line.

As the second half got underway, John Davey started the better and were pressing Saints, pinning them in their own half only for Saints to respond in typical fashion.

Absorbing the pressure they hit the opposition with a fast

counter attack which ended with Michael Evans finding space yet again to hit a half volley past the keeper.

David Evans then added his name to the scoresheet with a thunderous 30 yard free kick with his powerful effort finding the top right hand corner. Joe Matthews completed the Saints' scoring with a direct run from the right hand side and a fizzing low shot into the bottom corner from the edge of the area leaving the keeper no chance.

John Davey Builders did manage to have the last laugh with a good headed goal from a great cross.

It was a good win from the Saints despite not playing anywhere near their best.

GL

Annual golf day sees golfers rise above the weather!

THE annual Glamorgan Hunt golf day took place at Wenvoe Castle on August 29, not a day for the fairweather golfer.

Ken Harding travelled all the way from Devon to take part and there was plenty of quality golf played taking into consideration the strong wind and blustery showers.

However it failed to dampen the competitiveness of the players judging by the scores, as there was only six points separating the top three teams. Martin Edwards' team was third on 107 points, Martin having only organised a team 10 o'clock the night before with the help of Rhys Williams; second



Winning team - Nic James, Byron Evans, Gareth Perkins, Glen Hughes

place on 109 points went to Rhys Williams and his team members of Wenvoe, who incidentally have won the competition the last two years.

However the winning team with a score of 113 points was organiser Gareth Perkins, Nic James,

Byron Evans and Glenn Hughes.

Nic James won the individual on 39 points, nearest the pin on the second S Kieverly and on the ninth K Knowles, and the 15th went to P Regan.

Thanks again to Ann and Alison Coleman for sponsoring the main

prize, thanks to Nicola the secretary and Jason the professional at Wenvoe Golf Club, plus the caterers, and to Stan Harding and David Evans for sorting the scorecards.

A big thanks to all that played and supported the day, see you all next year! GP

Llantwit Major under-14s start season with victory

L L A N T W I T MAJOR RFC under-14s started their 2014/15 season by welcoming Bridgend Sports to the Rec.

After going one down Llantwit showed their intent and hunger to get back into the game. The forwards were putting in a first class display up front by carrying the ball and setting it up for the backs to build off. The backs had shown up to the party also and were displaying crisp handling and showing off their ability to spread the ball wide quickly and efficiently.

It was a well worked backs move which got Llantwit on the score sheet. After a brilliant surging run from lock Treadgold the ball was recycled quickly and two quick wide passes from Holloway and Padmore saw the ball end up in the hands of new boy Luke Birnage, who hoisted his sails and out sprinted the tracking defenders to cross the line for the first score.

Holloway converted.

It wasn't long after scoring his first try Birnage was to get another opportunity which he took with both hands and got his debut off to a fantastic start. A superb long pass from Fairchild into Luke's hands saw a 20 yard dash with no one between him and line. Holloway

converted.

With Llantwit growing ever more comfortable and settling into the game after a rusty first couple of minutes the forwards wanted to put their mark on the game and with Bridgend playing a few phases in their own half the forwards put in some bone crunching tackles; Hughes, Hodge and Richardson were the ones that stood out. Hughes and McInnes were also doing a sterling job in the lineout and a new but settled front row of Henson, Miller, Sims and Chandler Haines provided bulk and technique to ensure the team was always on front foot at scrum time, and after a collective effort it was a forward who was to get on the scoresheet next.

A pick and go from Roberts saw him make some brilliant yards and offload to number 8 Harris who fought off every player coming close to him to bulldoze his way over the line.

Next up on the scoresheet was top scorer last season Iwan Robinson-Booth, who in two years has racked up over 70 tries and he lived up to expectations in the new season by doing what he does best.

Another brilliant 20 yard spin pass from Fairchild fell straight into Iwan's path and he saw a channel of space and went for it to cross the line for Llantwit's fourth try of the game. Holloway converted.

Luke Birnage was to make his debut double into hat-trick, this time spinning in the tackle and gliding over to make it five tries in the first half for the home side. Halftime score 33-5

The second half started as the first half had finished with Llantwit on top. The boys used their width and new boy Dylan Carroll and opposite winger Luc Williams got a few touches of the ball and looked dangerous while half backs Wilson and Cates provided first class service from the base.

The first score of the second half came quickly and it was Luke Birnage again, taking his debut tally to four tries. Holloway converted.

After a steady five minutes of possession Llantwit played the ball in the forwards and edged their way from halfway up to the Bridgend 22 meter line. Quick passing from the base and a cheeky inside pass from Padmore saw Holloway slide through unchallenged for his first try of the game, which he also converted.

A dangerous attack from Bridgend was superbly brought to a halt after a brilliant rip from Henson deep in his 22 and he managed a quick offload to which Holloway was to be the creator for the next try. His long kick upfield was chased down by Padmore; Williams and Robinson-Booth saw it land in the Bridgend fullbacks hands and with

no-one in support of the fullback the three Llantwit players hunted him down and stripped the ball off a quick ruck and Iwan scored his second of the game. Holloway converted.

Bridgend came back into the game and a sloppy period of rugby from the home side allowed Bridgend to score two tries to make it 54-19. After a grilling off captain Hodge and vice captain Treadgold the boys replied instantly.

This time the try came from number 8 Harris who once again showed his power and strength to brush off tackle after tackle and his burst from halfway saw him run the rest of the field to cross the line. Holloway converted.

Llantwit made an error once more off the restart which allowed Bridgend a consolation try, but Llantwit were not finished, a solo effort from Robinson-Booth dually converted by Holloway making the final score 68-24.

KRIS PILCHER

LATEST NEWS FROM THE BARRY CHESS CLUB

The new chess season starts this month.

Meanwhile the last of the summer tournaments, the South Wales International Open, took place at the Angel Hotel in Cardiff.

This competition took place over six days with nine tough rounds of play. This was also the first qualifying event for the 2015 British Championships.

Our usual suspects, Lee Davis and Craig Woolcock were joined by Nigel Ralphs as the Barry representatives in this tournament. After six rounds of play Lee and Craig had identical records comprising two wins, a draw and three defeats.

With a win in round six Nigel became our leading contender with two wins, two draws and two defeats for a total of three out of six.

The outstanding result for Barry so far was Lee's draw in round four against IM Jack Rudd. This set up an interesting match in round seven when Lee was drawn to play Craig.

This game finished as a draw and as the competition closed Nigel remained our top performer with three wins, three

draws and three defeats to finish on 4.5 points, a half point above Lee and Craig.

Nigel was placed 34th, Lee and Craig were separated on the break with Lee finishing in 39th and Craig in 43rd places; again a creditable performance by all three players

The new league season is underway. With Barry Camelots already having entertained the Cardiff Bishops in division 1, the other teams will return to action this week; the Bosons travel to Aberdare and the Quarks to Pentrych on September 8 with the Gambits travelling to Rhondda the following night.

Our four teams have different aspirations this year - the Bosons hope to challenge for the title again, the Camelots and Quarks hope to remain in divisions 1 and 3 respectively, while the Gambits in the bottom division cannot go down but with a number of

inexperienced players have no idea how they will end up, but I am sure they will all enjoy the experience.

The Barry Chess Club meets at 7:30pm each Monday at the West End Club, St. Nicholas Road, Barry CF62 6QY. The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at: barrychessclub.yolasite.com.

PHIL JONES

CALLING ALL CLUB OFFICIALS!

We welcome your sports reports, news and other items of interest - email: gemeditorial@tindlenews.co.uk

Barry under-13s are looking for players

BARRY RFC have spaces for new players for their under-13s squad (current year 8).

They have a new coaching team and are looking for players to join their existing squad.

The team reformed earlier this year under new coach Frank Greig and assistant coach Matt Jenkins.

Frank says: "We are looking for new players to enhance our existing squad, at any level of experience or

position. We are essentially a new squad and there is a warm welcome waiting for anyone who wishes to join us. We are establishing a training and development structure, so experience is not necessary. We train every Tuesday evening and Sunday morning."

If you would like further information, please contact manager Carol on 07768 017673.

CG



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Dinas prevail after cup penalty shoot-out drama

DINAS travelled to Penrhifwfer for a Welsh Cup first qualifying round tie by coach with a good number of supporters making the trip.

The first half was almost entirely dominated by Dinas, playing some lovely football to feet and keeping the ball well. As early as the second minute Ben Ah-Mun chipped the ball into the path of King Junior Mwedzo but his shot cleared the bar. Then a deep cross by Nicky Bruce was just too high for Ah-Mun to head when well placed. The pressure continued with a through ball to Ah-Mun who spun and beat his marker, but his shot from the edge of the box was just wide.

The visitors got the breakthrough on 25 minutes after a deep free kick from Steve Provis forced a corner which Bruce took, finding Khalid Inyang at the far post to head home giving Steve Taylor no chance of making a save.

The hosts rallied for a while trying to get on terms and they forced two corners, the second of which reached striker John Edwards but his shot didn't trouble Dinas keeper Jack Perks and sailed over the bar. It was Edwards again a couple of minutes later who was played through but the Dinas defence forced him wide to shoot with his left and Perks gathered the ball comfortably.

The hosts were getting more of the ball in the last few minutes of the half and after a free kick was floated into the Dinas box a goalmouth scramble ensued but Dinas finally cleared it, and at the other end Keiron James had a half-chance when he hit a powerful shot which was on target but hit a defender

and went out for an unproductive corner and as the halftime whistle blew Dinas were well worth their slender lead.

The second half was completely different with the hosts looking more dangerous and the young Dinas side seemed to lose their composure. Penrhifwfer adopted the ploy of playing balls out wide to the right touchline where they found Craig Cook time and time again, and he was getting the better of Nicky Bruce to put in a succession of good crosses.

The visitors were trying to get their possession football going again and some fine one touch football by Bruce, Inyang and Ah-Mun was finally broken down by a determined Penrhifwfer midfield, and Dinas had a narrow escape when yet another cross from Cook reached Gregory at the far post; he laid it on for Edwards to hit a powerful shot which cannoned off the crossbar and was cleared.

Dinas then rang the changes with 20 minutes gone, Jack Preston replacing Mwedzo and just a minute after this Penrhifwfer got on level terms, a superb free kick by Davies from 30 yards rifled into the top corner of the net for 1-1. The hosts had the bit between their teeth now and Edwards found Cook out wide, who hit a swerving shot but Perks made a superb save.

With 20 minutes still to play Dinas brought on the skilful Zach Cleary for Inyang and they rallied for a while. A Bruce free kick was headed just over the bar by Ah-Mun and then Ah-Mun turned provider feeding Preston but his effort hit the side netting.

Dinas kept up the pressure with a Garland free kick looking on target but clipped a man in the wall and went out for a corner, and some silky skills by Cleary gave him room to get a shot away from just outside the box but it went wide and in the last minute Cleary played Ah-Mun through on goal but he was adjudged offside and the game went into extra-time.

Penrhifwfer had a free kick taken by Davies early in the first period but no one could get on the end of it and Dinas had some good build up play involving Akmol Ali and Ah-Mun but the final ball was missing. They did, however, get the ball in the net when Bruce and Cleary combined to put Preston in on goal, he beat Taylor but the goal was disallowed for a dubious offside.

Dinas had Luke Swaffield to thank at the other end when it looked as if James Tuemeath must score, but he made a superb tackle and Perks was able to gather the ball.

In the second period a deep cross by Provis gave Taylor some problems but he gathered it at the second attempt. Dinas were probably having the better of the last few minutes with a good lay-off from Cleary to Garland who forced Taylor into making a good save and time ran out, meaning the tie must be settled by penalties. This was when Perks came into his own, earning the Dinas man of the match award.

Ben Ah-Mun dispatched the first one giving Taylor no chance. Perks saved from Davies, Jack Preston had his saved by Taylor. Substitute Justin Carr was the only Penrhifwfer taker to beat Perks and Bruce along with Garland both netted successfully for Dinas with Morrissey and Daniels unable to beat Perks, meaning Dinas won the penalty shoot-out by 3-1 to progress to the next round.

Squad: 1 Jack Perks, 2 Luke Swaffield, 3 Nicky Bruce, 4 Steve Provis, 5 James Bloxham (c), 6 Akmol Ali, 7 Ryan Garland, 8 Khalid Inyang, 9 Ben Ah-Mun, 10 King Junior Mwedzo, 11 Keiron James, 12 Jack Preston, 14 Rizwan Ahmed, 15 Zach Cleary, 16 Carlos Indjai.

Croesyceiling are the visitors to The Murch on Saturday, September 6, kick off 2.30pm.

COMEBACK DEFLATES DINAS
THIS local derby between Dinas Powys and Ely Rangers had everything; seven goals, a missed penalty, a sending off and the game played in pouring rain!

In the first couple of minutes, both sides were feeling each other out but it was the impressive Joshua Allen who got the early breakthrough for Rangers, smashing home a superb shot from 15 yards after just five minutes.

It was Rangers who continued to call the shots. After a free kick out wide by the left corner flag was cleared, some fine inter-passing opened the way for Nicky Gardener to hit a low shot which fizzed just past the post.

Allen was again threatening but he was forced wide and his shot hit the side netting. Dinas began to press, Keiron James' persistence forcing an unproductive corner but they forced another corner, taken by Nicky Bruce, and this time Carlos Indjai got a fine glancing header in to beat Ely keeper Ashley Hart for 1-1 on 15 minutes.

They were well on top at this stage and after some further pressure down the left involving Bruce, Indjai and James, the ball reached Ryan Garland, who put in a low cross and Indjai reacted quickest to clip it home from six yards to give Dinas

the lead with just 20 minutes gone.

The wet surface was making for a fast end to end game and just three minutes after taking the lead the visitors made it 3-1 when excellent pressure by Mwedzo led to a half clearance by a desperate defender, and Ryan Garland, following up, slotted the ball past Hart and in off the post.

Dinas had to fight hard now as Rangers stepped up their game, Jordan Cotterill getting the better of Joe Briscoe to fire just wide and Allen bringing a good save from Dinas keeper Alex Hales. After further pressure by Mwedzo, who was giving the Ely defence a torrid time, he was again dispossessed but Garland, following up, hit a sweet shot which clipped a defender and out for a corner.

Then the inevitable happened; as Mwedzo weaved his way into the box he was chopped down for a penalty, young Ronan Scott was asked to take it, he struck it well but Hart guessed the right way and made a good save which was too prove very costly for Dinas.

Mwedzo was scythed down again, this time just outside the penalty area. Ryan Garland stepped up and bent a superb shot round the wall but it clipped the crossbar and went over much to Hart's relief.

The last five minutes of the half was end to end, Ely forcing two corners and Nicky Bruce forcing Hart to make a save in the last minute. The visitors were well worth their lead as the half-time whistle went.

The rain stopped as the players came out for the second half, Dinas having to make a substitution with Sam Johnson replacing Marc Bloxham who had taken a knock.

Rangers started with a lot more purpose and they pulled a goal back after just seven minutes, a smart back heel by one of their strikers after a scramble in the six-yard box found the net for 3-2. Things went from bad to worse then for Dinas with Indjai sustaining an injury. He was replaced by Dimitri Fallas with 30 minutes still to play.

However, Jordan Cotterill then received his marching orders for a second bookable offence but this only seemed to make Rangers more determined, and they began peppering the Dinas box with deep crosses from both flanks. Dinas seemed to be weathering the storm as skipper Bloxham organised his troops, but Ely were not to be denied, James Cotterill netting the equaliser.

Dinas rang the changes, replacing Mwedzo with James Alloway but they couldn't compete with the powerful Ely side who grabbed the winner with a minute or so left leaving Dinas deflated, the final score 4-3. **PK**

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Athletic in yet another nailbiter!

ON Saturday, the Athletic Ground was the venue for another nailbiter as Barry Athletic entertained Rogerstone; Barry captain John Gee won the toss and decided to bowl first.

Rogerstone got off to a steady start and were on 43 when they lost their first wicket Harris LBW to Frost for 22. Next to go was Alderway for 3, also LBW this time to Usswald; on 49 H. Berry was next to go also LBW to Usswald for 21, and at 72 Rogerstone lost the wickets of M.Tutton and J. Tutton, both caught off Paul Murphy by Usswald and M.Baker respectively.

Ferriday picked up the sixth wicket with the score on 81, captain Gee picked up the seventh wicket, Martin Baker took the eighth wicket and Billy Usswald took the ninth wicket, Rogerstone ending up on 145 for 9.

In reply Barry got off to a brilliant start as Goodway and Murphy put on 74 for the first wicket before Goodway was caught for 43; second wicket to go was N. Baker for 6 with the score on 91, Murphy went with the score on 96;

on 111 A. Baker went for 8, soon followed by Jones for 10 with the score on 118.

It then became 118 for 6 when Usswald was bowled for 0; two wickets fell on 137 - S. Evans for 11 and Gee for 0, and now it was 137 for 8. It then became 143 for 9 when Frost was out for 2, and it came down to a tense finish with Barry needing 3 off the last over and then one off the last ball when Martin Baker hit the ball to short cover and was dropped.

There was then panic as they tried to run him out, but the game was over and Barry ran out one wicket winners for the second week in a row in a tight finish.

This week Barry travel to Malpas, with the 2nd XI home to the same opposition.

Barry Athletic Cricket Club will be holding their AGM at the club on Friday, September 26 at 7.30pm - all members are asked to attend as 2015 is a big year for the club, with their 125th anniversary.

MR

A VITAL WIN FOR THE CENTURIONS

WITH only three matches remaining, Sully Centurions CC needed to win this clash with bottom club Ebbw Vale if they were to have any chance of survival.

In the end they won by nine wickets, thanks to a fine display from all of the bowlers and another 50 from Jake Griffith.

On winning the toss the home skipper Lloyd Bruce had no hesitation in putting the visitors in to bat on a day that was overcast and a pitch that was drying out from overnight rain.

All of the bowlers responded superbly, with wickets being shared around - two each for Griffith, Bruce and Tom Edwards and three for Nathan Cuddihy. A special mention must go to young Adam Sylvester who bowled 6 overs, including 3 maidens, taking one wicket for just 7 runs.

The Ebbw Vale innings came to a close on 85 all out with 13 overs still remaining. Only three of the visiting batsmen made it into double figures, with Blake (15) top scoring.

After tea, Centurions' opening pair of Griffith

(52 not out) and Edwards (23) rose to the challenge, putting on 53 for the first wicket. Griffith was then joined by Pavel (3 not out) to steer the home side to victory in the 15th over.

With a visit to fellow strugglers Creigiau this week, Centurions are still in with a fighting chance of avoiding the drop. It's going to be tense finale to the season for this young side.

SECOND XI
The seconds travelled to top of the table Tondy and although they were beaten, it was game played in great spirit.

Once again some key players were missing due to various other commitments, but the Sully side battled well in a game that was reduced to 34 overs due to a delayed start after some recent rain.

Batting first on a damp pitch, Centurions made slow progress, with veteran Dave Sylvester and young Tom Pascoe - opening for the first time for the second XI - unable to get on top of the bowling in the early overs.

However, as the game progressed, Pascoe found more openings and made steady progress towards his

first ever senior half century. Unfortunately no other Sully player could match this performance and the innings finished on just 79 for 8, with three ducks.

After tea, the home side were soon into their stride, with opener Gregory leading the way with an unbeaten 52. Emma Davies once again bowled well, but for no reward. With only two wickets falling (one each for Jo Hayer and Tom Pascoe) Tondy reached the target in the 21st over.

MF

Barry RFC end pre-season with a win

BARRY RFC finished their pre-season preparations with the visit of Ynysddu, who were apparently welcomed by the fly-by display from the Red Arrows.

Ynysddu elected to play against the wind and slope in the first of three 30 minute periods. The home side swiftly benefited from the elements, utilising the boot of fly-half Eiman Scott to camp themselves deep in the Ynysddu 22.

The front row of O'Sullivan, Evans and Hollister were giving their opposite numbers a thorough examination - a test in which the visiting side did not pass for the entire match.

With such superb platform, scrum-half Joe Gallivan was able to utilise the running prowess of wings Brad White and debutant Wayne Jones, who was causing havoc in the Ynysddu defence.

The visitors were unable to break out of defence, and halfway through the first period Barry finally capitalise on their territorial advantage, with Danny Ryan being put through to score in the corner; Scott added the extras.

The scrum continued to be a potent weapon for the green-and-whites, and following a series of dominant set pieces and forward drives, Barry found themselves laying siege on the away line once more.

After seemingly butchering several opportunities to score, it was down to White to dive over in the corner for a scrappy try. Scott failed with the conversion out wide.

Head coach Jon Bryant voiced his displeasure at the interval, but it was the

visitors who had the only score in the second period, as Barry struggled to get out of their own half against the elements.

Normal service was resumed in the final period, however, as Barry found an extra gear when fresh replacements were brought on.

There were good contributions from Glynn Jones, Ashley Adams, and Richie O'Sullivan, but it was down to replacement prop Ashley Brown who crashed over for Barry's third try. Scott's conversion was a formality.

Brad White then rounded off a fine

individual performance with a superb solo try. Scott added the extras to bring the score to 26-7.

The visitors rallied late on and scored two tries near the death to bring the final score to 26-19.

It was a game that was much needed for the home side to eliminate

any game-rustiness ahead of this weekend's opening league fixtures. The 1st XV will play Cowbridge, 2nd XV St Peters and 3rd XV Sully Sports; all games are at home and kick off at 2.30pm.

Man-of-the-match: W Jones.

KC

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Not so much 'peace for our time' as a New Deal for Welsh rugby ...BUT HOW LONG WILL IT TAKE FOR THE WOUNDS OF CONFLICT TO FINALLY HEAL?

Pictures by
HUW EVANS AGENCY



FLASHBACK to March 15, as Wales completed a mixed Six Nations campaign with a 51-3 victory, running in seven tries to rout the hapless Scots in a Mardi Gras-like atmosphere at the Millennium Stadium, Cardiff.

Settlement of the issues off the field should help keep players' spirits high at the start of a crucially important season for their Rugby World Cup hopes.

No-one will be more relieved than the Welsh captain, Sam Warburton (right), who had become unwillingly embroiled in the (now thankfully) resolved issue of central contracts – and had faced the ludicrous situation of not having a team to play for!



ON September 30, 1938, British Prime Minister Neville Chamberlain stood on the steps of 10 Downing Street after signing a well-publicised pact with the German Chancellor in Munich, and told a cheering crowd – in a frequently misquoted phrase – “I believe it is peace for our time!”

He was repeating the same optimistic message that had been brought back by a predecessor, Benjamin Disraeli, from the Congress of Berlin in 1878 – though, sadly, in each case the waved piece of paper failed to avert a catastrophic world war.

While no-one would suggest, of course, that the fortunes of Welsh rugby rank anything like as high on the Richter scale of major historical events, the long overdue signing of last week's accord between the Welsh Rugby Union and the four professional Welsh Regions, after a bitterly divisive and acrimonious two-year dispute that brought our national game right to the cliff edge of civil war, was greeted with a collective sigh of relief.

While the fine detail of the new Rugby Services Agreement (RSA) between the WRU and RRW (representing the Welsh Regions), is still unclear, both sides have agreed on a £60million WRU funding package over six years, increased from £6.7million to £8.7million – including £2million set aside for dual WRU/regional contracts for at least six leading players, who will be selected by the national coach, Warren Gatland. They will now become employees of the WRU.

(The Welsh Regions' 40 per cent contribution to the dual contracts will be £1.3million).

The WRU will also extend £3.6million loans to the four Regions, repayable during the term of the agreement, in addition to a one-off payment of £500,000 for each of them – and will also provide £600,000 a year support for the regional academies, whose management and control will transfer to the

BACK PAGE COMMENT by Don John

Regions. The latter will now consider raising their self-imposed £3.5million wage cap.

Thankfully, both sides appear willing to put the unpleasant rancour of the past months behind them and have been at pains to present the RSA as an innovative New Deal to take Welsh rugby forward into a brave new future. The WRU clearly believes the protracted talks finally achieved its primary objectives, which, from the outside, indeed appears to be the case.

Group chief executive, Roger Lewis, said: “The new agreement creates a new and positive relationship with Welsh rugby and is firmly based on the rugby priorities for Wales. “The national dual contracts will help us keep more of our best players in Wales and help stem the flow of talent we develop here through our academies and Regions.”

Complimenting the Welsh Regions and the RRW “for all their hard work”, he added that successful Regions were essential to the development of the professional game in Wales.

“We now have an agreement that will ensure the pyramid structure – which leads from the grassroots right through to the international team – is strong and truly fit for purpose,” he averred, tacitly admitting that it was not the case previously.

However, while RRW chairman, Nigel Short, also believes the RSA is a “positive step forward”, he cautioned – “There is plenty of hard work still to be done. Things will not change overnight.”

Moreover, there is lingering discomfort over the painfully drawn out, at times virulent nature of a publicly-aired dispute in which many harsh words were said, causing deep divisions that according to some commentators, “had made Wales a laughing stock in the world”.

This was borne out by RRW's acting chief executive, Mark Davies, last week, when he admitted: “Let us be clear about it... the first

thing we all need to do is apologise [to all Welsh rugby fans] for the anxiety they have experienced... that is why we went to see supporters' groups last night.

“I would hope all of us would look in the mirror and see things we might have done differently... At times it's been tortuous, at times uncomfortable”.

Despite this, he said the four regional squads all seem to be in a good place mentally and physically – and confirmed there was “a better structure going forward.”

Blues' chief executive Richard Holland agreed: “It's been a difficult process and well documented that it's been damaging to Welsh rugby... It's now our duty to look forward.”

Dragons' chief executive Gareth Davies, who is bidding for a place on the WRU board, tellingly observed: “Fundamentally, I don't believe there is anything there [in the Agreement] that wasn't a clear proposition at the latest last October.”

Which, of course, begs the question – in that case, why DID it take so long to resolve such a damaging, ill-natured dispute, the long-term effects of which could yet smoulder on, despite all the reassuring words? Perhaps we will never really know!

Meanwhile, though, let us at least give thanks that there is now clarity where once there was confusion.

Thankfully, the latest crisis in our notoriously turbulent national game has been resolved, albeit at the eleventh hour, just as a crucially important new season kicks off that will culminate in Rugby World Cup 2015.

There will be satisfaction at the WRU that the final outcome has reinforced overall control of Welsh rugby from the centre, and achieved its primary aims on the thorny issue of central contracts to counteract the worrying ‘player drain’ from Wales.

It has also undoubtedly strengthened the hand of national head coach Warren Gatland (who won praise on all sides for his role

during the talks), with agreement on 13 senior international matches each year, and regional players made available to him for 13 days beforehand.

In future, those playing outside Wales cannot expect to be considered for selection (present exiles excepted); while the number of foreign players on the Regions' books will be limited to six. The RSA also sees the welcome return of the Wales A team after many years absence.

For the four Regions, the WRU financial package seems to have met their main concerns over funding issues – following on the separate deal struck with the leading English and French clubs over the new BT Sport-backed European Champions Cup, in which the Regions hope to swell their coffers further by some £7million.

It prompted RRW's Mark Davies to comment: “The combination of what we have been able to achieve, particularly through European competition, plus this agreement, means that for the first time for a long time, there's not such a cash stress in the regional business”.

So now everyone concerned presumably accepts there can be no more excuses for persistent below-par results of the kind that would not be tolerated in the professional round ball game, where heads regularly roll.

That Wales has the playing talent to succeed at the very highest level has never been in question. The national squad's steady progress has been measurable under Gatland's tenure – less so with the four professional Regions' displays in Europe – as shown in their dismal failure last season.

With the change in their financial fortunes, they will now surely come under greater pressure to perform and start to win back the legions of disillusioned, stay-away fans.

As for the latter, as the smoke clears from the battlefield, they will be hoping that this time peace will prevail and they can heed the final words of advice offered by Neville Chamberlain in 1938 – “Go home and get a nice quiet sleep!” – hopefully, with a little more confidence for the new season ahead!